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# The PARENTS' MAGAZINE

Formerly called "CHILDREN The Parents' Magazine"

AUGUST 1929
25 CENTS

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Toys for Travelers

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VOL. IV. NO. 8.
August, 1929

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## CONTENTS

*(Articles marked * are of special interest to Fathers)*

Cover Design—*by Paul Martin*
*Fundamentals—*an editorial message* *by Hon. Franklin D. Roosevelt* 12
Frontispiece—*by Ruth Alexander Nichols* 14
*Does Behavior Depend on Health? —*by Zilpha Carruthers Franklin* 15
The Haystack Loaves—*a poem by Helen Hoyt* 15
*Should We Hand-pick Our Children's Friends? —*by Helen L. Kaufmann* 16
Toys for Travelers and Stay-at-Homes —*by Minnetta Sammis Leonard* 18
*President Hoover Replies 19
*What School for Your Boy or Girl? *by Marie Thienes* 20
*Bigger and Better Families—*by Franz Wittels* 22
The Happy Bath—*by Elizabeth McFadden* 23
*Play Fair with Your Children—*by Mary S. Haviland* 24
Electrical Helps for Summer *by Mary Ormsbee Whitton* 25
Health Hints for Holidays 26
Summer Sewing Makes Fall Frocks 27
Keep Posted 28
*Motion Pictures 29
*Everyday Problems and How Parents Meet Them 30
What Would You Do? 30
Feeding the Family 32
Out of the Mouths of Babes 37
Pointers for Parents 43
Books for Boys and Girls 47
*Books for Parents 51
Home Movies 52
*Family Fun 53
Things for Children to Do and to Make 55
Group Service Bureau—*Program for Discussion* 57

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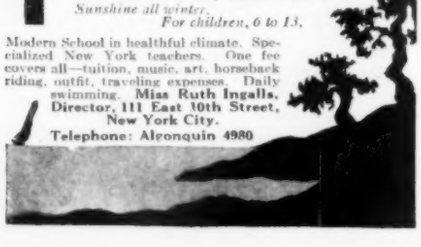

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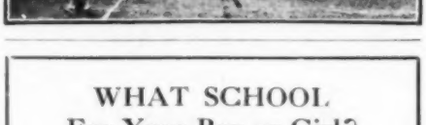

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**Page 20**

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# FUNDAMENTALS

## *An Editorial Message*

By FRANKLIN D. ROOSEVELT
*Governor of the State of New York*

IN this day of great changes in the social structure and in all the conditions of life, it is worth while to reiterate that the fundamentals of human relationships are still based on certain age-old human and divine laws.

More and more, human beings of today are dependent on the work of and co-operation with other human beings. We are no longer self-contained family groups, responsible only to ourselves and living wholly on what we, as individuals, produce. Our clothes, our food, our work, and our pleasures are intimately concerned with thousands of other lives.

Certain obvious rules of what not to do to our neighbor are laid down for us in the form of laws. It is still recognized that we must not murder nor rob our neighbors. In other words, the fundamental law is based on the scripture-old Golden Rule.

Modern civilization has brought two changes: first, the difficulties of greatly extending the applications of this Golden Rule to meet modern conditions; and, second, because of far wider contacts, a dangerous possibility of violating the Golden Rule with impunity. These are essentially the causes of what we call today the "crime wave."

Because of the thousand new pleasures and excitements, the modern citizen, especially the young person, finds a thousand new temptations in his path; and because of the same wide extension of the circle, he realizes that in this new freedom there is less possibility of detection if he goes wrong.

That does not mean that the younger generation is fundamentally bad, but it does mean that there is even more need than in the past for parents to impress upon their children the fundamental truth of the Golden Rule. In the long run, the best results will be obtained by stressing the principles rather than by insisting on a series of numbered rules. That is why the home and the parent are more important than new laws, new police measures, and more courts.

In the final analysis, the responsibility for the next generation lies in the hands and in the hearts of the parents of America.

### "CHILDREN" becomes "THE PARENTS' MAGAZINE"

**The name of this magazine has been changed, with this issue, from CHILDREN, The Parents' Magazine, to THE PARENTS' MAGAZINE.**

**The policy of the publication will remain unchanged. As heretofore, the editorial content will deal with (1) The care and training of children from crib to college, (2) Family relationships and home life, (3) The management and equipment of homes in which there are children.**

"The future of the race marches forward on the feet of little children"—*Phillips Brooks*

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Regular kids, these seven! Like your own boy or girl, they want to read if they can find the books they like. The producers of Our Gang comedies have provided these children with the best juvenile reading available. At his father's suggestion, Jackie Coogan sent in his own subscription.

Your own boy or girl will enjoy membership in this new club all the more because these old friends are members. They will be proud to wear the same gold and enamel emblem that is sent free to each Charter member.

*Here is Jackie as he appeared in his most recent Metro-Goldwyn-Mayer picture, "Buttons".*

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Two booklets, *Secrets for Parents* and *Secrets for Readers under sixteen*, have been prepared to explain *The Junior Guild* plan more fully. How the books are selected, how the children are divided into age groups, just how the plan will save money for you—all the details are included. Send for SECRETS today. It costs you nothing and does not obligate you in the least.

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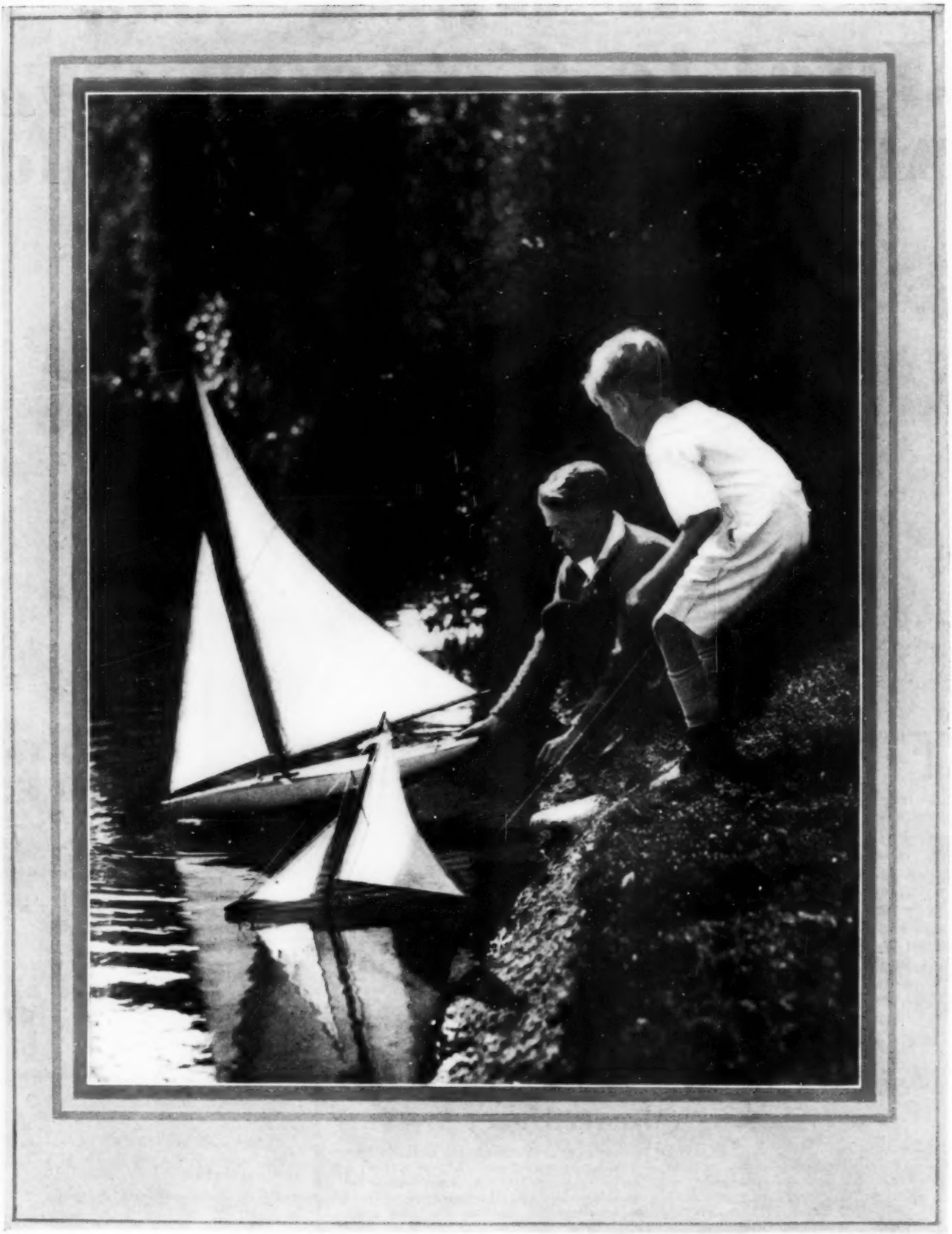


*Photograph by Ruth Alexander Nichols*

*White Sails and a Full Breeze Blowing*

# *Does* Behavior *depend on* Health?

## *Should parents assume that the naughty child is a sick child? This article explains the relation between muscles and morals*

By Zilpha Carruthers Franklin

WHAT has science to say of the little girl with a curl? Why, when she was good, was she very, very good? And why, when she was bad, was she horrid? In old times such lapses in the young were most frequently ascribed to original sin. But in this age of psychology-in-every-home, parents know that the causes of misbehavior are not so simple.

No theory of the source of "goodness" and "badness" has a longer history than that which attempts to trace some relationship between muscles and morals. It is not only a persistent, but also a paradoxical belief, going from one extreme to the other, as in the old Cornish proverb, "Healthy child, wayward and wild," and in the equally venerable contradiction that "Every man is a rascal when he is sick."

Modern science of course recognizes that no one set of causes is ever wholly responsible for an individual's conduct, good or bad. But there is scientific evidence that a connection does exist between health and behavior. This relation may express itself with so many variations that the old paradox still seems to hold true. Some children have such superabundant energy that it is actually difficult for them not to seem "wayward and wild," while the "rascality" of others needs to be treated with a sickbed rather than a spanking. Without minimizing the importance of environmental and psychological factors, it is still safe to say that in very many cases of misbehavior there is some underlying physical cause.

For a time this probability suffered from overpopularization on the theory that every bad boy could be literally "reformed" by some obvious dosing or surgery. We no longer hear so often about the baby who fell out of his carriage and came to a bad end later because of "pressure on the brain." There used to be a so-called joke about Johnny's coming up in court for stealing bananas and being sentenced to have his tonsils out. But although we know that tonsilectomy is not a sure cure for thieving, we also realize that stranger things have happened than getting rid of Johnny's bad habits along with his bad tonsils.

Though much is yet to be learned, parents can be reasonably certain about some of the ways in which health and conduct are related in a normal child. In the first place, no child is "born bad." With the exception of a very few rare conditions affecting most infrequent cases there are no "criminal diseases." Delinquent children do not differ *qualitatively* in health from normal children. In other words, when delinquents are ill, they have the same kind of things the matter with them. But since they have more the matter with them and more often, *quantitatively* delinquents do have less health. In both England and America investigation has shown that physical drawbacks are about twice as common among delinquents as among normal children. The English psychologist, Cyril Burt, author of "The Young Delinquent," found that if the histories of his charges' illnesses and misdemeanors were set side by side, the offenses were seen to occur at the zero hours of physical weakness. Dr. Helen Montague of the New York Children's Court Clinic says that the elimination of physical defects must always be the first step in the successful treatment of delinquency.

Analysis of studies of delinquents has revealed two main lines of cause and effect. In the first place, children with deficiencies, especially of the glands, cannot meet the outside world on a normal level and must seek other than normal means of keeping themselves going. In the second place, poor health means poor control. In illness when the gates are down, the child has no barriers of reserve strength and is particularly open to irritation and excitement. We are reminded again and again of La Rochefoucauld's wise observation, "The real antagonist of virtue is weakness rather than vice."

These facts about the health of delinquent children are important for normal children, because they throw light upon many familiar situations. When a child's behavior becomes unaccountable, it is always imperative to check up on possible physical causes before seeking other reasons. These unaccountable moments may burst suddenly out of an apparently clear sky; such was the case of the almost goody-goody Margaret who impertinently refused to take a Latin test and the next day came down with influenza. But it is usually misleading to think of the relation between health and behavior as direct—a particularly green apple causing a particular tantrum. What is far more frequent is the sort of connection discovered by a little girl who, after attending a well-ordered nursery school for several months, solemnly said to her mother, "It's a long time since you've had to give me any spanking or any castor oil."

(*Turn to page* 56)

## The Haystack Loaves

By Helen Hoyt

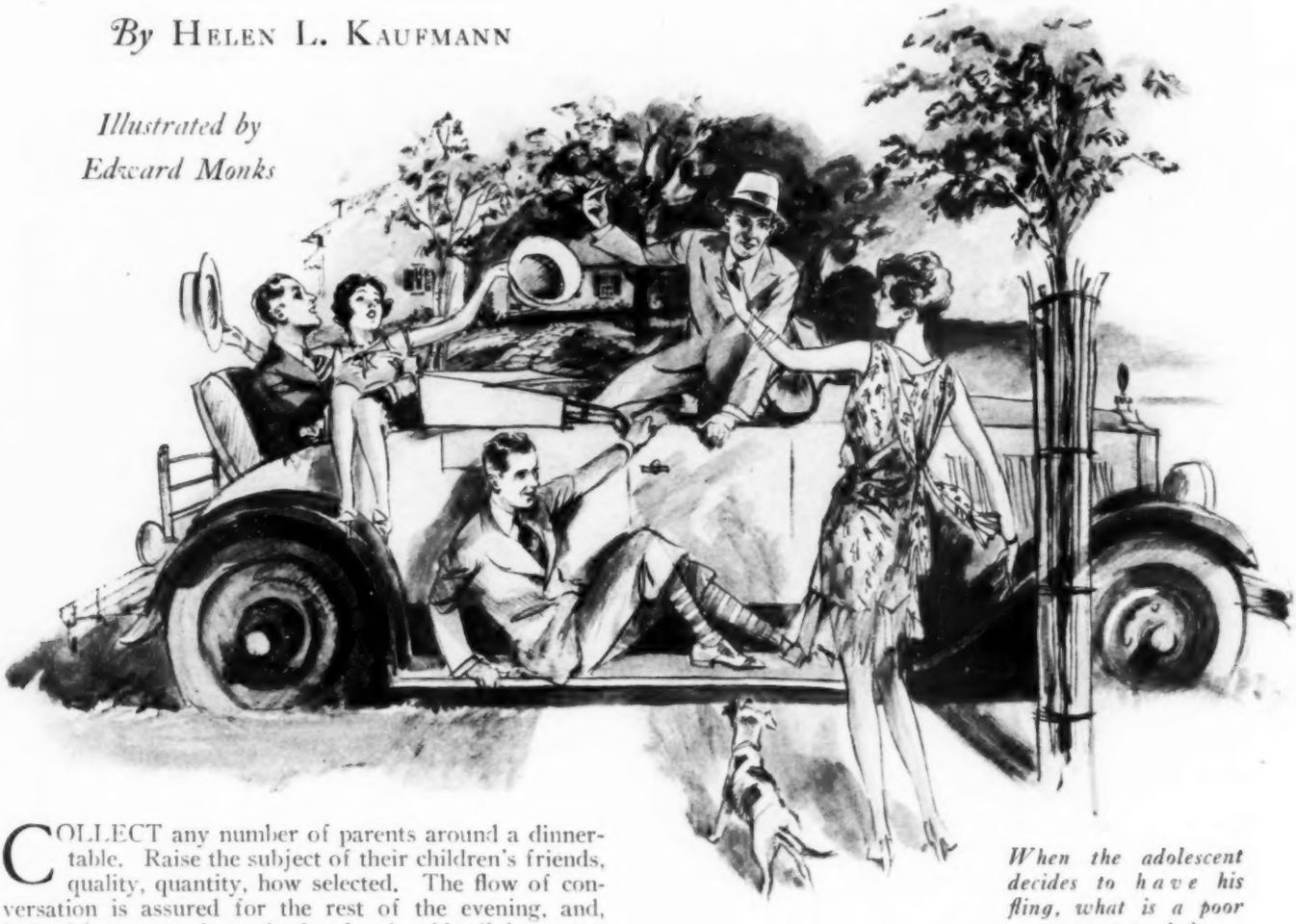
THE table was whole meadows wide,
The kitchen was the countryside
Where these great loaves were made.
Tons of grasses, blade on blade,
And here and there a flower or two
Were moistened and beaten-in with dew.
Kneaded together with fork and rake,
Set in the oven of the sky to bake:
Browning their arched crusts in the sun
Noons and noons till they are done.
Loaves must be timed by the weather-vane
How many noons long to remain!
Then in pantries put away
Where the cows and horses stay.
How richly soon will they be fed.
On these loaves of meadow bread!
Through the snow and winter drear
Eating summer all the year;
When the fields are hard with rime,
Biting off bites of summertime!

# Should We Hand-pick *Our*

## To what extent and how should parents of companions? A sane

*By* Helen L. Kaufmann

*Illustrated by Edward Monks*



*When the adolescent decides to have his fling, what is a poor parent to do?*

COLLECT any number of parents around a dinner-table. Raise the subject of their children's friends, quality, quantity, how selected. The flow of conversation is assured for the rest of the evening, and, judged by accepted standards of enjoyable dining-out—that is, quantitative talk—the dinner party is an unqualified success.

One mother asserts that she started from the beginning to hand-pick her children's friends. She sent them to a kindergarten attended by "the nicest little children." she deliberately chose for her own circle parents who had children of the same age as her own, she watched her youngsters' Sunday school acquaintances and in all possible ways guided their social footsteps toward what she considered desirable ends. Her method, she maintains, has placed her children securely with the "right people," and she is content.

Comes a hot protest from the other end of the table. "How?" inquires an irate father, "can you expect children to learn to exercise their own selective judgment, how can you expect them to learn to get on with all kinds of people, if you limit them to one stratum like that? Why, one of the most important bits of education they have to get—and it can't be got too young—is the ability to rub shoulders amicably with the ash-man's son, as well as the banker's daughter. Before I'd bring my child up to be a little snob"—and he fairly glares with rage at the proprietary parent opposite.

"It goes farther than that," puts in a solid citizen noted for her common sense. "When anybody asks me how to make a circle for her children, I say it can't be done. It's something they've got to do for themselves. The most you can do is expose them to people, as formerly they were exposed to whooping-cough and measles, and wait to see if they catch anything or not. Nobody ever made my friends for me, it's one of the worth-while things I did without help, and I expect my children to do the same. They see the type of people I enjoy knowing and the chances are they'll do one of two things—either like the same kind because they're accustomed to them, or like an entirely different kind, just to be contrary, as youngsters often are. In either case they will do as they please."

Another mother contributes: "Yes, I agree with you, and I speak from experience. Margaret, you know, is my eldest. I had a terrible time with her trying to force her to associate with my friends' children but she couldn't find common ground with them. When she

# *Children's Friends?*

## seek to influence their children's choice
## answer to a big question

went to college, she formed a group that just suited her and with whom she was perfectly happy. I don't say I would have selected them, but they were right for her."

"Oh, that sounds very well," burst in another parent. "But you simply can't keep out of it like that. When my Jim—he's seventeen, you know, and has always been a good boy—suddenly takes a violent fancy to that young Dan Smythe, who drinks and gambles besides, and when Jim starts going out night after night with Dan and his fast crowd, I can't stand it. I've talked my head off trying to stop him, and so has his father. And so would you, too, if he were yours. You're just plain lucky if your children have chosen right. But what are you to do if they choose wrong? Tell me that!"

There is a chorus of voices at this point, but here we will leave the dinner-party discussion for we want to analyze this question dispassionately, and see what is the sensible, practical attitude for parents to take in regard to their children's friends.

WE admit, to start with, that children seem to be more influenced by the suggestion or example of any chance companion than by the most carefully worded precepts of their elders. It appears, then, that the first thing for a thoughtful parent to do is to see that unfit companions are eliminated, and that only the fit survive. "Elementary, my dear Watson," as Sherlock Holmes would say. And so it is, elementary, only like many elementary principles, the difficulties in the way of its practical application loom large. How are parents to know which among their children's friends are the sheep, which the goats? What criteria of criticism are they to apply? The village scapegrace, against whom all well-meaning parents warn their young, may have a gift which stirs the imagination of children to ambitions which might never be aroused without his picturesque finger to point the way. The little boy next door who uses bad language at which you shudder and shrink may have a sturdy courage, a disregard of prejudice which, infused into your own boy, will make of him the manly youngster you desire him to be. The giddy flapper whom your serious son selects for his first love may teach him a lesson in joyous living that far outweighs the possible harm she does him. We do not assert that these things are necessarily so, we maintain that they are possibilities to be reckoned with before you adopt the heavy parent attitude, and forbid these doubtful assets to darken your doors.

Another point: Do you, perhaps unconsciously, insist that your children shall base their selection of friends on your own personal likes and dislikes? Because you are fond of books, must your athletic son chum with the town bookworm? Not that it might not do them both good, but enforced companionship is irksome, nine times out of ten, and is not likely to end in a lasting friendship between the victims.

Prejudices are apt to govern us all. Because our favorite sister ran away with a musician, we are quick to condemn the whole breed of artists and musicians, and to urge our children to fight shy of them as dangerous members of society. Or we may dislike Chinamen, Jews, Catholics, Negroes and make our choice of a circle for our children excluding these, to us, undesirables. I raise the question of whether this is fair or wise. My own feeling in the matter is that parents should not unload on their children their particular prejudices in these matters. Many of these prejudices have been acquired, not from actual experience, but have been handed down from other parents. If any progress is to be made toward toleration, toward a sympathy and an understanding that will help to fuse the polyglot elements in this country, our children must be brought up without the bias of old antagonisms and beliefs. Only to the rare parent, the one who is prepared to sink his personal reactions and to put himself in the place of his child, who may and probably does possess a temperament entirely different from his, should this delicate task of helping a child to select friends be entrusted.

If after due thought and every effort to be fair, a parent decides to encourage some friendships and discourage others, what technique is he to follow? To praise the desirables and condemn the others is the surest way to rouse contrary sentiments in children. How well I recall the excellent table manners of the W's, the conscientious piano practice of the F's, the linguistic talents of the studious H's in my own childhood. And how cordially I detested, hated, abhorred, the very sight of these wholly harmless and not particularly inspiring infants. While the little roughnecks who rode bicycles up and down our block, stormed our portals for cocoa and cake and were frowned upon by my parents, were from choice my boon companions. About fifty per cent of that choice was made from a spirit of contradiction, twenty-five per cent from the boredom produced by parental monologues on the subject of character and the rest from propinquity. That last word is a suggestive one in our search for a technique of circle-building.

JUST as propinquity is often the deciding factor in encouraging or discouraging an incipient love affair, so it is in this knotty matter of friendships. The summer, with its varied activities and free association, is a favorable season in which to test out the propinquity theory. It is remarkable how often children who start a summer with actual dislike for one another gradually come, first to accept, then to approve, then to fall, figuratively, into one another's arms. Sometimes it takes more than one season for the propinquity virus to "take." But Charles Lamb's whimsical statement that he didn't care to know Mr. S—— because if he knew him he'd like him, and he didn't like him, applies to children in their relations with other children. If they know them sufficiently well they feel comfortable with them, and if they feel comfortable with them they like them. So that a big step toward helping them to form their circle is taken when an environment is provided wherein they feel thoroughly comfortable together. (*Turn to page* 46)

*Here is an authoritative guide to the right toy at the right time*

Ruth Alexander Nichols

# Toys for Travelers *and* Stay-at-Homes

By Minnetta Sammis Leonard

*Author of "Toys and Their Selection"*

"MOTHER, I'm thirsty," sang out a small voice above the noise of the moving train. No answer. "Mother, Mother, I'm thirsty."

"Be still, Alice, you had a drink a while ago."

"Yes, Mother, but I *am* thirsty."

The tired mother gazed out of the window, ignoring the teasing voice which piped up continually.

At last a kindly old gentleman left his seat and brought the child a cup of water, from which she drank but a sip or two. Child and mother thanked him and he settled himself in the hope of reading in peace.

"Now you've had a drink. For goodness' sake be quiet," said Alice's mother.

"But what shall I *do*, Mother? What shall I do? Buy me some candy when the man comes through?" And so on and on went the little high-pitched voice until the passengers, instead of pitying the small traveler and offering to entertain her, were annoyed and exasperated.

The train stopped to take on more passengers. I groaned inwardly when I saw another small girl take her seat in front of me. One more child was all we needed to make the already long, hot trip unendurable.

But the little newcomer had a happy face. Hardly had the family's belongings been stowed away when she said, "Oh, Mother! I'm so glad we're on the train because now I can see my surprises. May I look at them just as soon as the train starts?"

"Yes, Helen," said her mother.

The child opened a small suitcase. Out of it she took several packages. Then she opened them to find playthings which were suitable for use on the train; a small domino set, a game of old maid, some blunt scissors, a box of crayons, and other toys of a kind which offered varied amusement for a long time.

Alice forgot her thirst. She hung over her seat arm, slipped down to the floor and edged nearer and nearer to watch the discoveries Helen was making, until she was invited by Helen to play with her. No longer did the passengers glower at Alice, but as the two little girls laughed together they smiled their relief.

It is such an easy thing to make children reasonably happy on a train trip! But few parents look far enough ahead to provde for their children's entertainment. They carefully plan changes of clothing to keep the children clean, perhaps a box of crackers or some cookies or other treat to quiet them when they become too troublesome, and then drop the matter there. Yet it is

quite possible to pack the suitcase so as to include entertainment for small travelers. It is usually possible to do as Helen's mother did, let each child have his own suitcase for which he is responsible and which he can open, shut and arrange as he pleases.

There are certain definite qualities to be considered when buying travel toys. As the train motion interferes with accurate hand control, the cutting, painting and sewing sets which require close attention are out of the question. But free-hand cutting and drawing are possible. Blunt-pointed scissors are safer on the train than those with points. Often paper-tearing instead of cutting is fun. A package of colored squares to be folded and torn into surprise forms will furnish continued pleasure. A small tube of paste is very easy to carry. With a pair of scissors, white typewriter paper, and a package of colored kindergarten paper, which can be bought at almost any stationery store, there is a fine chance to cut and paste pictures of houses, trees, fields and animals seen from the train window. Toys with small parts easily lost under the car seat, or beneath the heating pipes, are not advisable. But there are toys which are flat, and if played on a suitcase or on a table which the porter will bring, cannot easily roll away. Games with dice are not hard to play if the dice are turned out in a box cover. A little ingenuity on the part of adults can solve such difficulties.

SINCE there is limited space for packing, a travel toy should give the maximum of continued enjoyment and take up the minimum of space. It must pack away compactly and weigh little, although the wooden color cubes, which both weigh and take up room, and modeling material are exceptions to this rule. These toys furnish such continuous occupation that their good points offset their faults. Toys such as these can be taken out of their boxes and put in one of more convenient size.

An added help in packing is to have strong rubber bands around each box or package of toys so that the little traveler is not compelled to rearrange his suitcase from time to time because of upset contents.

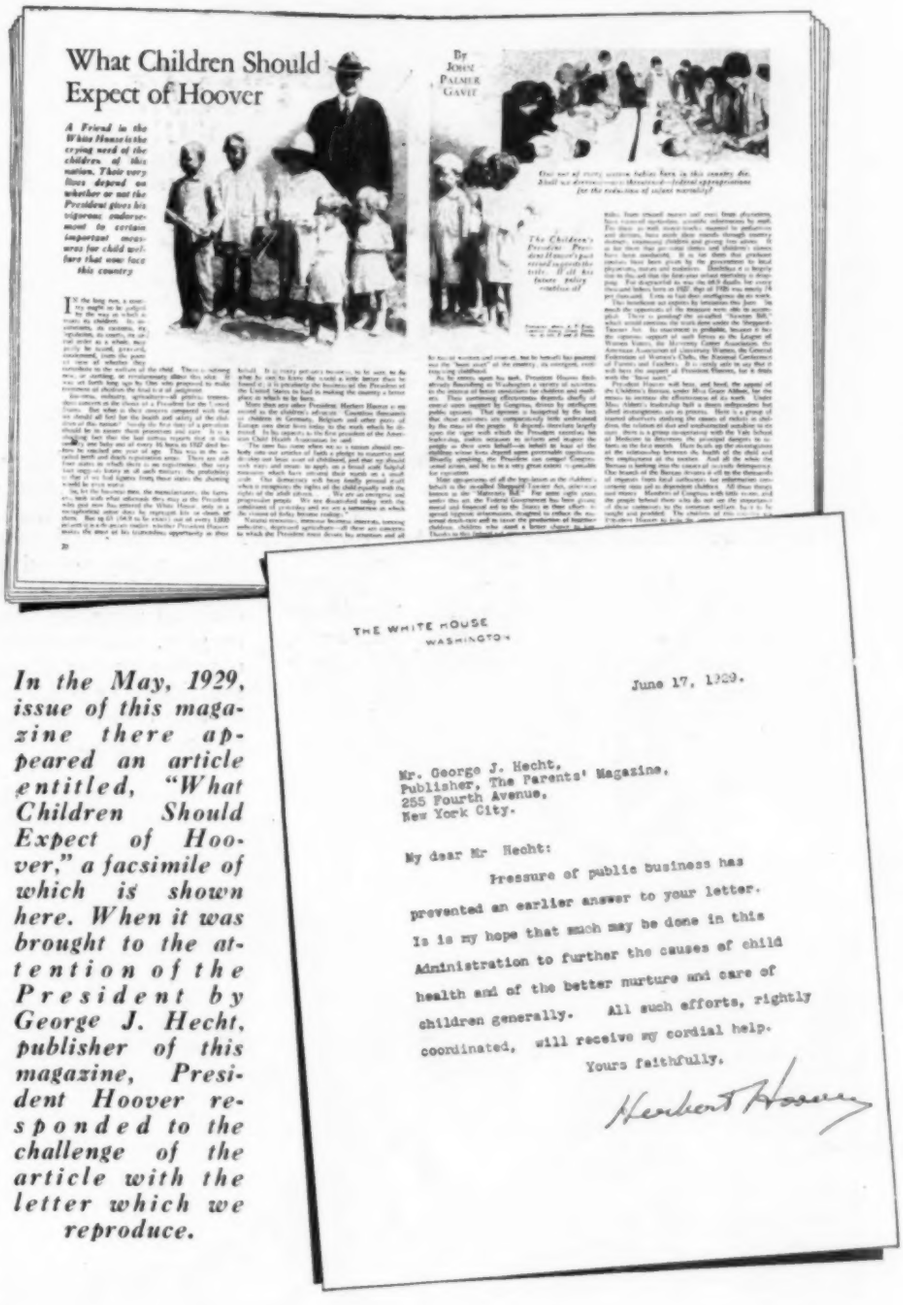
Of the easily transported toys, a doll or an animal is worth while. An imaginative child finds much to occupy him with these playthings. Modeling material such as plastic wax or commercial clay, crayons, colored papers, weaving mats with steel needle or flat splint to help in the weaving, colored cubes, or design tablets, which lie flat in a box, puzzles or puzzle pictures, dominoes, traveling checkers, card games and the like are excellent.

Home-made picture puzzles cut from postcards and put into envelopes, are easy to carry. A small cloth-bodied doll with bits of cloth, lace and ribbon and a paper of pins gives much pleasure to the little dressmaker. The clothes can be pinned on the doll so that dressmaking is easier and safer than with a needle and thread. A drawing book with tablet and pencil supplies lasting enjoyment. The educational value of the trip may be made much greater for the children if their attention is called to things they see with the idea that they may model, draw or paint them or even write descriptions of them.

AS weight is not so serious an objection in toys to be carried on an automobile trip, a jar of wet clay and perhaps a portable typewriter are possible, and are recommended because of their entertainment value.

Perhaps, however, you are not faced with the problem of travel. You may be spending the (*Turn to page* 54)

# *PRESIDENT HOOVER REPLIES*


What Children Should Expect of Hoover

*A Friend in the White House is the crying need of the children of this nation. Their very lives depend on whether or not the President gives his vigorous endorsement to certain important measures for child welfare that come before this country*

By Joseph Palmer Gaylie

THE WHITE HOUSE
WASHINGTON

June 17, 1929.

Mr. George J. Hecht,
Publisher, The Parents' Magazine,
255 Fourth Avenue,
New York City.

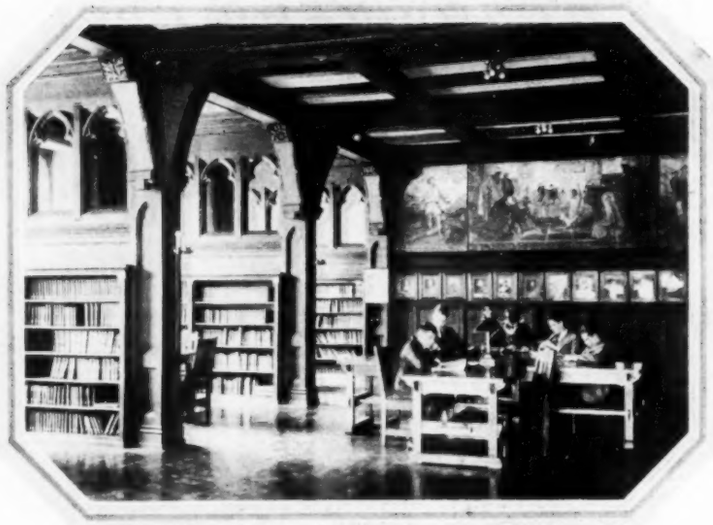
My dear Mr Hecht:

Pressure of public business has prevented an earlier answer to your letter. Is is my hope that much may be done in this Administration to further the causes of child health and of the better nurture and care of children generally. All such efforts, rightly coordinated, will receive my cordial help.

Yours faithfully,

Herbert Hoover

***In the May, 1929, issue of this magazine there appeared an article entitled, "What Children Should Expect of Hoover," a facsimile of which is shown here. When it was brought to the attention of the President by George J. Hecht, publisher of this magazine, President Hoover responded to the challenge of the article with the letter which we reproduce.***



*Quiet halls, the friendship of books, the inspiration of beauty in art are the influences to which the boys of this school are exposed in their most impressionable years*

# *What* for Your

*When you can answer the satisfaction you will to the needs of*

ONE of the most important decisions that ever faces parents and children is that of the choice of a school. Many parents find the school problem conveniently and adequately solved by excellent public schools in their communities. Others, whose children require more individual attention than the public school usually is able to give, whose children need, for example, particular opportunity for the development of special talents, or individual help in subjects in which they are weak, or who desire for their children the valuable experience of boarding-school life, are turning over in their minds, at this time of the year, this perplexing, many-sided question of which school for Joan or Peter. It is for these parents I am writing. Ten years of experience in various positions of responsibility in private schools has made me feel that I have something to say that will help these parents.

First of all, it is important that fathers and mothers should know what they want when they choose a school. The following questions must guide their choice.

Should they select a small school or a large school? If Peter is in danger of becoming just the least little bit "Smart Alecky" a large school where he will have an opportunity to measure his abilities against those of many other boys of his own age is probably a wise choice. If, on the other hand, Joan or Peter is shy and needs help in making social adjustments it may be that the small school will be better suited to his needs.

Are Joan and Peter planning to go to college? If so, a school that will meet college entrance requirements is necessary. If college does not enter into their plans a wise choice is the general school where they may either follow the academic courses or specialize in what now seems to be their bent.

*Women are sometimes accused of lacking a sense of "team work," but these girls are learning through sport lessons of give-and-take, co-operation and fair play that will be useful all their lives*

# *School* Boy or Girl?

By Marie Thienes

*questions in this article to your have found the school best adapted your boy or girl*

Perhaps your child is a sensitive, gifted child. What is best for him? A school that offers a light schedule and plenty of outdoor exercise is perhaps the wisest preparation for later intensive training of his special talent.

Is your child a problem child? And if so, what school will best direct his energy into safe channels?

What location do you prefer for the school? The country school has much to offer by way of freedom, beautiful surroundings and simplicity of living. On the other hand, the city offers stimulating contact with museums, concerts, libraries, the theater and other opportunities. Perhaps a school situated in a town near a city will appeal to you as the solution. In any case, what climatic conditions must be considered?

How much can you afford to spend for tuition, clothes, railroad fares, club dues, concert and theater (*Turn to page* 49)

*Learning to wait one's turn is a mark of civilization, says Carlyle*

*Alertness and a sense of mastery are a result of good horsemanship taught at this school*

*Modern schools are teaching the importance of learning by doing. What better place to carry out this principle than at a workbench?*

# Bigger and Better Families

*The only way to safeguard the family is to have a family to safeguard—four, five or six children – declares this famous Viennese psychiatrist*

By FRANZ WITTELS

*Author, and Associate of Dr. Sigmund Freud*

MODERN marriage in all its phases is the subject of much discussion today. No wonder when it is in such a plight. Old landmarks have passed away. New and chaotic conditions have taken their places. Such questions as divorce, child bearing and rearing, the economic independence of women, the social relations between husbands and wives—these and many other related subjects are being viewed in ever new and changing aspects. In this state of flux we ask ourselves whither is the institution of marriage tending? What form will it assume in the future? This is a question for the sociologist to answer. The psychologist must content himself with analyzing present conditions.

Marriage and the family present three problems, which are closely related and which have each an enormous influence on the whole subject; namely, love, or the sexual element, the desire to rear a family, and the effort to acquire property. Of the last of the three problems it would again take a sociologist or an economist to speak adequately. The psychologist must confine himself to a discussion of the first two, love and the desire for children.

First of all we ask ourselves, what is love? This is a question which has formerly been left to the poets who have given beautiful definitions of the emotion. It is only recently that scientists have been sufficiently bold to essay an analysis of the term. The basis of human nature is bi-sexual. No man is wholly man, no woman entirely woman. Each individual has within him a mixture of masculine and feminine qualities and varying proportions according to the person. This bi-sexuality is not so noticeable in children and in old people as it is in individuals in middle life. Thus a little boy wearing only a loin cloth resembles a little girl. In the same way a small girl in trousers may be mistaken for a boy. In older life, the distinction between the sexes is likewise faint. The death masks of elderly people show this very markedly. Those who have seen the death masks of Goethe and Beethoven know that it is impossible to decide—unless you know it already—whether they were men or women. Old men's voices take on a high feminine pitch. Old women often have harsh, bass tones and grow mustaches and beards. But in the middle years the bi-sexual life is stronger in the individual and the two elements produce a tension, a strain which is at times difficult to endure. When one falls in love it means that he is getting free of the other part of himself. A man falling in love with a woman sees his feminine element mirrored in her. Likewise when she falls in love with him the masculine element in her is released. In a complete and really reciprocated love each one gives what the other is seeking to find and the condition is perfect. Each is free from strain to a point where he has an unprecedented sense of power, his creative ability is higher than before, he feels he can conquer worlds. He says to the loved one, "I have known you always," when it is really himself he is knowing. But there is a danger in this kind of love, for love comes and goes away at will. The one desiring it cannot control that fact. Hence, if a man loves a woman and she withdraws from him after a time, it means that she has taken a part of him away with her. He feels lost, broken, defeated, anchorless. In love itself there is no moment of lasting. And the unhappiness which comes when one loves and the beloved object does not reciprocate is a baneful influence on one's life. It thwarts one's work, distracts one's mind, cripples one's capacities. Fortunately this condition is assuaged by time. Sometimes hostility takes the place of love in the heart of the defeated lover and eventually he gains back his lost self.

During the painful uncertainties of such experiences the soul remembers that there is another kind of love, a love in which there is eternity, fidelity and force. This love which he recalls is that of his parents. No matter how far he strained his mother's patience she never deserted him in his hour of need. He had always the feeling that his father was back of him. Their parental love took the form of force in preserving his very life when he was an infant. Without their care he would have died in his crib. They saw that he was clothed, fed, that he was protected from (*Turn to page* 44)

## *Coming!*

**South Sea Hints on Rearing Children**

*An astonishing article by an astonishing young woman—Margaret Mead, author of "Coming of Age in Samoa."*

**When the Baby Cries**

*A doctor diagnoses cries and causes and tells just what to do.*

**What Parents Should Know About Infantile Paralysis**

*By Professor W. Lloyd Aycock in charge of research in infantile paralysis for the Harvard Infantile Paralysis Commission.*

**This Way to Obedience**

*"The most helpful article I ever read," said a mother who saw this manuscript. It is based on a scientific study of children.*

# The Happy Bath

By
ELIZABETH McFADDEN

*If common sense fails to impress your children, try nonsense. A little fun, a touch of make-believe will help to make the daily routine run smoothly*

ILLUSTRATED BY
K. ALEXANDER

"COME, Son! Five o'clock. Time for your bath, dear."

A small face drooped. A pleading voice began.

"Must I take a bath? I took one yesterday. I want to play."

Oh, yes, we had discipline and discipline always won the day. The routine of the nursery was an established thing. We both knew that. But someway it made my heart ache. I wanted more than successful discipline, more than a sorry little boy led to the slaughter of cleanliness. I wanted him laughing, happy!

Something was wrong somewhere. I went in and looked at the bathroom. A roomy one, finished in white and blue, with a large window through which the afternoon sun streamed in. It was equipped with a spacious white enameled tub, plenty of towels and washcloths, fine white soap, a bright little rug for the small bare feet. On a chair near-by hung pajamas and bathrobe attended by red slippers with rabbits embroidered on the toes. What more could I do to make the bath attractive? I thought of the long procession of nights before us both. Was each to be a struggle? How could I make him enjoy his bath, not merely suffer it?

Of course I *could* paint him black and varnish him so that the dirt wouldn't show. But I preferred him sweet and pink and white. There must be some way.

A small voice from the next room broke in on my musings.

"All aboard for Peekskill and points along the Hudson." He was urging his toy train along its track. It came to me suddenly that it wasn't the next room he was so loth to leave but the adventurous career he was following in his own mind.

Inspiration came to me. That was the lack. I turned on the water and filled the tub. Then I put my head around the door of the playroom and called gleefully:

"Sonny!"

Something unusual in my tone attracted instant attention.

"What is it?"

He was on his guard. He had heard the approach of the bath.

My eyes were as startled and delighted as I could make them, but my expression was serious as befitted the weight of my announcement.

"A marine animal has come in through the bathroom tap and is sitting on the edge of the tub."

The dear little face took on instant interest.

"Not really?" he asked.

"Really-make-believe!" I answered.

There was perfect understanding between us on this point. "Really-make-believe" had long been as real to Sonny and to me as the most stubborn facts of life. There is nothing stronger in nature than the force of an idea. Of course it was real. But we both understood it was not material.

"Come out and see it," I invited.

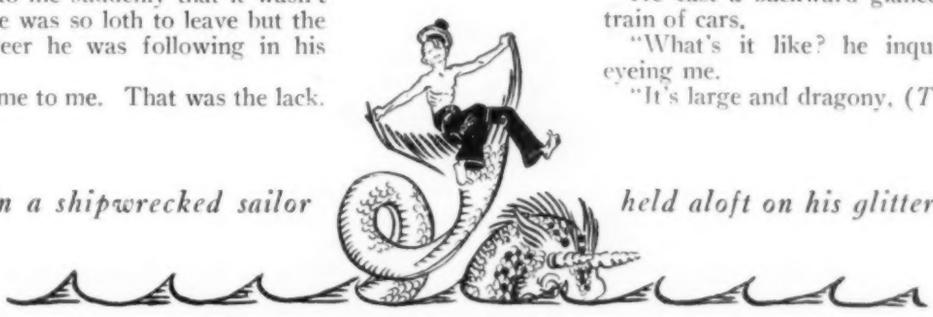
"Is it a nice one?" he inquired dubiously.

"It's a beauty."

He cast a backward glance at his beloved train of cars.

"What's it like? he inquired, cautiously eyeing me.

"It's large and dragony. (*Turn to page* 36)



*"Brings in a shipwrecked sailor held aloft on his glittering tail."*

# *Play Fair* with *Your* Children

## *Favoritism Should Have no Place in the Family Circle*

By MARY S. HAVILAND

*Author of "Character Training in Childhood"*

"I ADORE kittens," said Althea, as she dangled her necktie just out of reach of the Angora ball of fluff on her lap. "Next to babies, they are the most irresistible things on earth. Besides, they have one advantage over babies."

"And that is?" I queried, in my triple rôle of Husband, Father and End Man.

"That is, you can spoil them to your heart's content with a clear conscience. Now spoiling babies is the most delightful occupation in the world, if only your conscience wouldn't keep bobbing up and telling you to stop it."

"Explain yourself, Althea," I urged. "Why do you think baby-spoiling would be delightful?"

"Well," pursued Althea, "if you don't spoil them, if you don't give them the best of everything, you feel like such a brute. They're so tiny and helpless, so unable to grab for themselves like the rest of us, and they are so awfully eager for things that it seems a shame not to give them what they want. For instance, I was in the train, the other day, and in came a woman with a bewitching, brown-eyed two-year-old and a solemn little girl about seven. The little girl had just got comfortably seated by the window when Brown Eyes started to fuss, 'Me sit by winnow! Wan' sit by winnow!' And she started to push her fat little self into the window seat. The solemn seven-year-old held her ground valiantly and pushed back. At that Brown Eyes lifted up her voice and called upon the entire car to bear witness to her wrongs. Her big brown eyes completely closed, her fat red cheeks turned crimson, her chubby fists smote the air and her pudgy legs became rigid with the intensity of her grief."

Kindercraft Studio

*All the world loves a baby*

"And did Seven-year-old give in?"

"She certainly did. Mother made her. 'What do you mean, Barbara, by being so selfish?' she rebuked her. 'The idea of a big girl like you keeping the window when Baby wants to sit there! Let her have it right away. She'll make herself sick crying so. There, darling, Sister's moved over so you can sit by the window. Now be a good girl and stop crying. See the pretty cows over there!' Brown Eyes' tears were instantly turned into beaming smiles. She dimpled all over and everyone in the car smiled except solemn Big Sister. I couldn't help wondering how long it would be before the baby discovered that crying is not always a successful method of getting what one wants."

"Perhaps she'll never find out," said I. "Some spoiled babies just stay spoiled babies until they die of old age. They never do discover that the world isn't obliged to give them the window seat. They go right on expecting and demanding the soft side of everything, and if they don't get it, they yell until everyone says, 'For heaven's sake, give him what he wants and let's have peace!'

"Do you remember Aunt Fannie? She was just like Brown Eyes when she was a baby, and she kept on being like her all her life. I don't mean that she kicked and screamed, for her methods were a trifle more subtle, but she always forced other folks to give in and let her have what she wanted. If Uncle Joe wanted to go to the mountains and she wanted to go to the seashore, she discovered that she had 'a heart murmur' and, although she hated to disappoint poor Joe, of course the mountain altitudes were out of the question for her. If he wanted his sister Carrie to come on from Kansas and visit them, Aunt Fannie was so sorry, but it was absolutely necessary for her to have the house cleaned that week and Carrie would have to come some other time. And she was so highly organized and nervous that Uncle Joe felt like a brute if he ever disappointed or upset her, so he went on giving in to her all their married life."

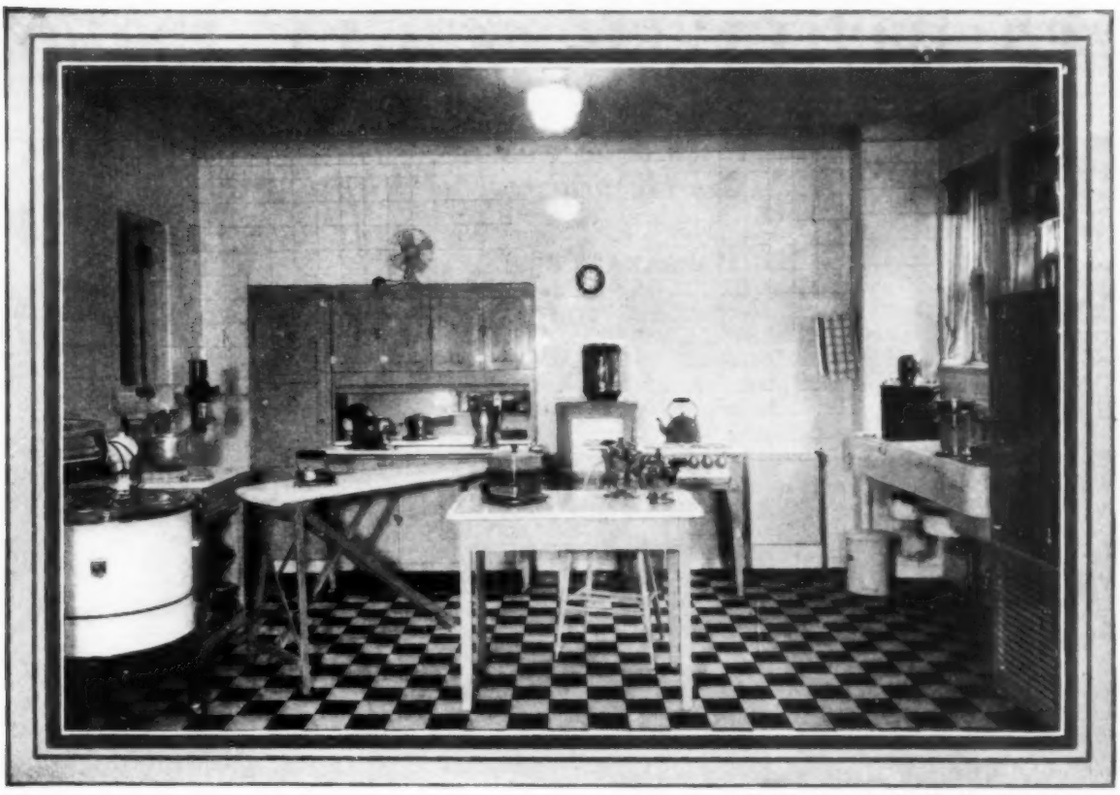
"But that isn't always the way," said Althea. "In fact, it isn't usually the way. Most of us aren't just children like your Aunt Fannie and most of us don't marry Christian martyrs, like Uncle Joe. The majority of us, just as soon as we are too big to be 'cute' any longer, find that yelling doesn't bring us what we want; it brings us a spanking."

"Seems sort of unfair to the poor little beggars, doesn't it?" said I. "Give them a three or four years' course in yelling, teach them that's the way to get things, and then suddenly turn 'round and not only not give them what they want but actually punish them! No wonder little Big Sister looked solemn over such a contradictory world. She'd gotten past the cunning stage and was in the being-spanked stage.

"So many children are suddenly jolted into that unenviable situation when a baby brother or sister is added to the household. Suddenly, from being the sole center of attraction the one who was formerly an only child finds himself merely an older brother or sister to that most important person in the world—a new baby. To make it worse, the grown-ups, hitherto his devoted admirers and perhaps his slaves, have apparently switched their allegiance and become worshipers of the young usurper. Poor little Older Brother or Older Sister is apt to lead a miserable existence."

Said Althea, "That's just the trouble. We are everlastingly trying to unscramble eggs. We are eternally spoiling our babies and trying to unspoil our children. The only way out is to be sensible enough and strong-minded enough not to spoil them in the beginning. We've got to be firm with that baby of ours!"

"We've got to be firm," I echoed with determination. I am sure that upstairs a baby smiled in his sleep.



Photographs courtesy The New York Edison Company

*Electrical helps do many kinds of work and save the housekeeper's energy and time. An electric window fan, shown below, makes a cool, well-ventilated kitchen*

# Electrical Helps *for* Summer

## *Housework can be put on a holiday basis in summer if electricity is servant*

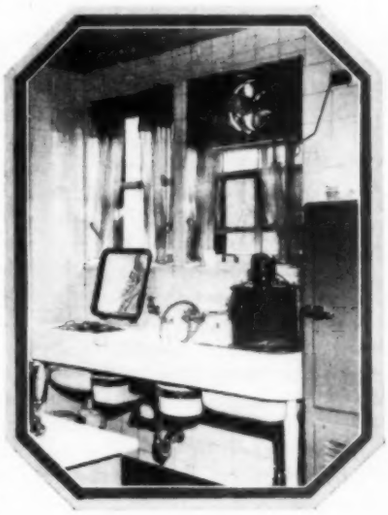
*By* MARY ORMSBEE WHITTON

*Author of "The New Servant—Electricity in the Home"*

TO the truly doctrinaire advocate of household electricity there is almost nothing on the long list of electric labor-saving appliances which cannot be recommended as suitable equipment for summer. On the other hand, for the ordinary home manager there are certain groups of devices which seem more directly concerned with putting housework on a holiday or hot-weather basis.

Some of these, such as electric fans and mechanical refrigeration, immediately suggest themselves as the thermometer soars upward. The place of others as hot-weather assistants—the smaller electric cooking appliances, for instance—become apparent only as the experienced household experimenter studies their possibilities. Indeed, the reader might well inquire in what way electric cooking for summer purposes differs from that employed for winter, demanding whether the modern housekeeper is expected to change her tools with the weather.

The answer to such a query is briefly this: Winter cooking for a family of any size is supposed to cover its entire culinary needs and presupposes a fairly permanent and fairly expensive equipment. Summer cooking, even for the same family, is in the nature of the case lighter and simpler, and can be managed without heavy-duty apparatus or the kind of equipment that requires special wiring or a large consumption of current. Thus in the summer an equipment may even boil itself down to a percolator and a grill stove, to be used as auxiliaries to the ordinary oil or coal stove found in country places, a household running upon oil or coal on cool or wet days and feeding itself electrically on hot ones.



Frequently also the summer place is not a permanent abode for which one would wish to purchase permanent furnishings, but some little rented cottage where the tenant must supply his own electric cooking outfit (if any) and where a premium would be put on such devices as could later be brought back and used in the city apartment. Even when the summer place is not rented, it may often be located where scenery is more reliable than electric service, and less subject to disarrangement by storm.

These are some of the considerations which make it worth (*Turn to page* 40)

# Health Hints *for* Holidays

*How to keep well while on vacation concerns every one of us. Here is simple practical advice from a doctor*

By Barbara Beattie, M. D.

THE vacation exodus is here. Thousands of parents are packing up their children and pouring out of the cities and towns into the various playgrounds of the world. We think of vacation as a chance to bask in health-giving seaside sunshine or to drink in invigorating mountain air, which is as it should be. At the same time, a doctor feels the need of sounding a warning. The new environment may offer certain health hazards.

On a holiday the most important single factor in the young child's safety is clean milk. Strange as it may seem, the milk we buy in cities is safer than that which we buy direct from a farm. This is true because a city's milk supply is carefully supervised, comes from tuberculin-tested herds and must be either pasteurized or certified. Not many years ago the mothers of bottle-fed babies lived through the hot months of the year dreading the advent of what they called "summer complaint"—a severe form of diarrhea which killed thousands of infants annually. This disease has practically disappeared from the large cities, where the milk supply is pasteurized and therefore safe. We still see cases of it in the rural districts and will continue to until mothers learn not to give babies anything but the best possible milk. Last year we heard a great deal about the milk-born epidemic of septic sore throat at Lee, Massachusetts. Many of the victims died. Some of them were vacationists drinking milk for their health. Pasteurization would have prevented that epidemic. The production of safe milk for children is by no means a simple process, and in the rural districts where supervision is often lacking, the vacationist must take no chances. Dried whole milk or evaporated unsweetened canned milk, diluted to milk strength, are safe for every member of the family.

Second only to milk in importance to the vacationing child is water. So many people have brought back from their country visit, in addition to a coat of tan, a case of typhoid fever that doctors have come to speak of that disease as "vacation typhoid." The motorist drinks from wayside springs, the camper cooks by the brook and quenches his thirst from its inviting coolness. But no matter how clean and bubbling the water looks, it may contain a malignant dose of typhoid bacilli or enough of the bacillus coli to spoil the remainder of your vacation. It is a safe rule to avoid drinking from all springs, brooks and shallow wells unless the water has been tested and is of known purity. When hiking or motoring, carry a canteen or thermos which you have filled in a town whose water supply is supervised. You can protect your family against typhoid by inoculation. This practice is becoming more and more popular each year among people who travel. It should be repeated every four years if the immunity is to be lasting.

This generation is fast becoming a race of sun worshippers. Adults must have their coats of tan for cosmetic purposes, children must have their sun baths for the health and vigor which the ultra-violet rays impart. This is as it should be, but there are inherent dangers in sudden prolonged exposure to the hot rays of the summer sun. On several occasions I have been called to see children whose backs were beefy red sheets broken by many large blisters—the result of a single sun bath. Such children are really sick for days, and suffer the tortures of the burned, unable to find any position in which they can be comfortable. When a severe sunburn has once been acquired there is little to do for the local condition except to apply soothing ointments and wait for time and nature to bring relief. Blisters must be carefully guarded to prevent their breaking, for as long as they are intact, no infection can get in. Opening them usually does little good, for they soon fill up again. If they are in a location where they cannot be protected from injury, they should be opened with a needle which has been passed through a flame, after the sunburned area has been painted with iodine or mercurochrome.

Gradual exposure of the body to the direct rays of the sun should be a part of every child's summer program. But it should be done slowly; begin by exposing the child for five minutes and increase the time by a minute a day until it reaches fifteen or twenty minutes. Let your child strip to the waist or wear a sun suit. With infants it is best to be even more careful. On the first day bare the arms. On the second day expose the arms and legs. On the third day expose the arms, legs and front of the chest, then turn the child over on his stomach and let the sun come down on his back. Children treated through the summer acquire a ruddy glow of health. The sun does for them what it does for the trees and flowers—they blossom under its benevolent rays.

Swimming is one of the delights of the summer for children. Some of them love it so well that they would be in the water all day long if they had their way. But the wisdom of the ages has taught us to wait two hours after a meal before going into cold water. That seems to be a concession we must make to our digestive apparatus, and the rule is as good a one to follow today as it was fifty years ago. It is (*Turn to page* 38)

## *Six Safeguards*

¶ Allow your child to drink only milk and water of tested purity.

¶ Protect your child from "summer typhoid" by inoculation.

¶ Guard your child from severe sunburn. If it occurs apply soothing ointment and protect blisters from infection.

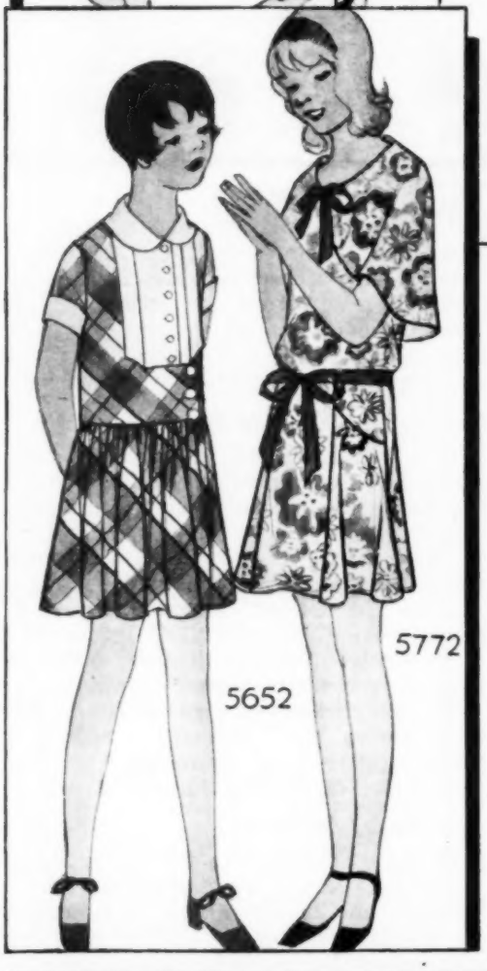
¶ Remember that twenty minutes in the water is long enough at one time for a child.

¶ Guard against earache by putting wool in your child's ears before he goes into the water.

¶ Teach your child to recognize and avoid poison ivy. If he is exposed to it scrub his hands with soap and water as soon as possible.

# Summer Sewing Makes Fall Frocks

By Crete Hutchinson, *Fashion Editor, The McCall Company*




5809—Reefer Coat for girls or boys suitable for serge or other woolen fabrics. 1 to 8 years.
5794—Girls' Dress with two styles of sleeve. 6 to 14 years.
5663—Girls' Dress with kimono, short or long gathered sleeves. 4 to 14 years.
5779—Girls' Ensemble. A coat and dress with two styles of sleeve. 6 to 14 years.
5764—Misses' and Juniors' Dress with a two-piece skirt attached to a yoke. 12 to 20 years.
5652—Girls' Dress with two styles of sleeve and a two-piece skirt. 4 to 14 years.
5772—Girls' Dress with two styles of sleeve or sleeveless, with or without a cape collar. 4 to 14 years.

**Back views are shown on page 42**

An up-to-the-minute mother knows that the time to plan September's school clothes is during vacation. Summer days of play and adventure are apt to leave wardrobes in a sad state, what with climbing and wading, sitting on the ground, and heaven knows what else. Children are bound to need new clothes for fall.

A fascinating array of autumn fashions are now ready for selection and when the weather is not too hot sewing is rather fun, especially when the electric portable sewing machine is brought out onto the veranda. Washable frocks are of first importance for September wearing, and the young man of the family must have new trousers of linen or heavy cotton. Thin wools are lovely for the simpler dresses, and many of the fine wools, such as cashmere, may be washed if ordinary care is exercised. Challie is the old autumn stand-by and the new printings are really beautiful. As there are florals and plaids, bordered designs and geometrics, there is sure to be an interesting patterning for every child. The dark grounds with the designs worked out in bright colors are most practical for everyday wear.

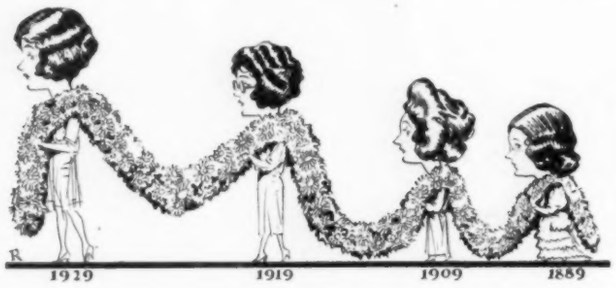
The topcoat may be of serge this season. Serge is an old fabric that has returned to fashion's favor with great gusto. A double-breasted reefer is very easily made at home since there is no (*See page* 42)

*McCall Printed Patterns may be obtained from leading stores throughout the country and from* The Parents' Magazine, 255 *Fourth Avenue, New York, N. Y., at prices given on page* 44

# Keep Posted!

*News of the Better Parenthood Movement, Child Welfare, Education and Other Matters of Interest to Parents*

AFTER a five years' legislative campaign, New York State has adopted a new child marriage law, which requires the consent of a judge of a children's court as well as that of the parents before marriage licenses may be issued to girls under 16 years of age.

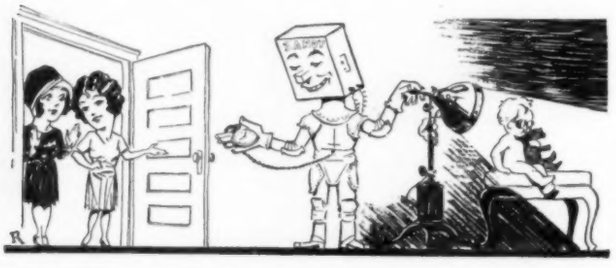



### *Going Up!*

IN less than 40 years the average height of Vassar students has increased nearly 2 inches. The increase in weight has been 7 pounds, with a decreasing rate of increase. The average age of freshmen in 1921-1925 was eight-tenths of a year younger than in 1891-95. Notwithstanding change in costume, there has been an increase in girth of waist of only one inch. From 1896 the average number of sports engaged in has risen from 2 to 11, and the maximum number reported by any student from 8 to 22.

### *Good News*

YELLOW fever, malaria and hookworm have been virtually wiped out through efforts of the Rockefeller Foundation in co-operation with public health agencies throughout the world, according to the second instalment of the 1928 report of the Foundation's activities.



### *Sandy Andy Knows When to Stop*

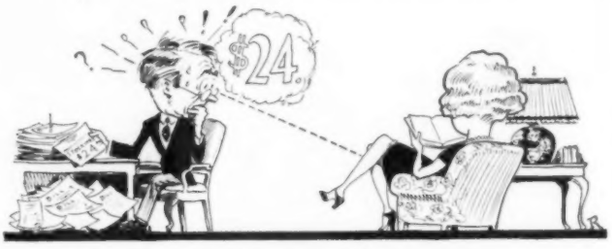
JUST long enough but not a minute longer is the right rule for sunbaths whether given by Old Sol himself or by ultra-violet-ray lamps. And this is where Sandy Andy—a new robot watchman—comes in. Sandy is sensitive to the invisible radiations of ultra-violet rays and registers their intensity.

Dr. H. C. Rentschler, Director of Research of the Westinghouse Lamp Company, Bloomfield, New Jersey, explains how Sandy Andy works by saying that the electric current produced in the cell is passed into a condenser, which stores the charge until a given potential has been reached. It is then made to discharge through a special form of argon glow tube which makes Andy give a bluish flash as the discharge occurs. The number of flashes of the glow tube allows a close calculation of the amount of ultra-violet rays being given.

Determine the sensitivity of your skin, set this device for the amount of ultra violet your doctor has prescribed, relax and leave it to Sandy Andy.

### *But Someone's Got to Be First*

BEHAVIOR traits of children seem to bear a distinct relationship to their order of birth in the family. At the Minneapolis Child Guidance Clinic 293 kindergarten children were studied with reference to fourteen traits. In general, oldest children showed significant tendencies toward lack of aggressiveness and self-confidence, lack of leadership qualities, much suggestibility and some seclusiveness and introversion; middle children showed these traits in lesser degree; youngest children showed no outstanding characteristics but much individual variation. "Only children" were marked by aggressiveness and self-confidence, gregarious interests, and for instability of mood and attention.




### *Poor Dad!*

FATHERS of adolescent daughters may or may not be grateful to Miss Lillian H. Locke of the household arts department at Teachers College, New York City, who finds as the result of an extensive survey of the essential requirements of a young woman's wardrobe that the minimum hosiery budget for the average girl calls for a yearly expenditure of $24 for silk stockings.

### *A National Educational Program*

THE appointment of an advisory committee on education to study the present relations of the Federal Government to education and recommend a future program was announced recently by Secretary Wilbur of the Department of the Interior. The committee is made up of three groups. One group will consider the educational activities of the United States Government, their present administration and what their future program would be. Another group will study subsidies of the Federal Government to colleges, their administration, the results obtained and future policies. The third group will study subsidies granted for education of less than college grade, how administered, results obtained, and will make suggestions for future policy.

### *Nevada Qualifies*

THE recent admission of Nevada to the United States birth-registration area leaves only three States—New Mexico, South Dakota, and Texas—where it is estimated that registration of births is not at least 90 per cent complete, the requirement for admission to that area.

# Motion Pictures

***Which Are Suitable and Which Unsuitable for Children and Youths? Which Are Recommended for Intelligent Adults?***

BLACK MAGIC, with John Holland (*Fox*)—Three moral derelicts hiding in the South Seas conceive a diabolical plot against the hero. The resulting melodrama has little entertainment value. Silent. (U) *For A:* Mediocre. *For Y:* Not recommended. *For C:* No.

BROADWAY, with Glenn Tryon (*Universal*)—The murder of two rival bootleggers in a New York night club involves an innocent dancer and his sweetheart. Justice is achieved, unhappily, through revenge. It is more pretentious than the stage production but is not as gripping a drama. All talking. (U) (E) *For A:* Perhaps. *For Y:* No, too sophisticated. *For C:* No.

BROADWAY BABIES, with Alice White (*First National*)—Glorification of the sophisticated chorus girl, incessant jazz and slang, night club life, crooked gamblers, etc. Lively but cheap. Another contribution to bad taste. All talking. (E) *For A:* Hardly. *For Y:* Too sophisticated. *For C:* No.

THE CALIFORNIA MAIL, with Ken Maynard (*First National*)—Western thriller, dealing with stage-coach bandits and gold carried overland to finance Civil War. Hero does impossible heroics, wins girl, etc. Silent. (E) *For A:* Hardly. *For Y:* Exciting. *For C:* Doubtful.

CAREERS, with Billie Dove (*First National*)—Above-average problem-play laid in French colonies in India, where promotion of officials depends on their wives' favors to the Resident. Notable for fine action, voices and acting, especially by Billie Dove. All talking. (E) *For A:* Interesting. *For Y:* Better not. *For C:* No.

CHARMING SINNERS, with Ruth Chatterton (*Paramount*)—The theme concerns a well bred woman's way of handling her husband's philandering. Excellence of production will interest adults. All talking. (U) *For A:* Interesting. *For Y:* Unsuitable. *For C:* No.

CHINA BOUND, with Dane and Arthur (*Metro-Goldwyn-Mayer*)—Dane and Arthur romp through another slapstick comedy. Happily this one is not offensive. Silent. (U) *For A:* Hardly. *For Y:* Amusing. *For C:* Entertaining.

THE COCOANUTS, with the Four Marx Brothers (*Paramount*)—Another musical comedy transferred almost bodily to the screen. Of uneven excellence but laughable at many points because of the Marx brothers. All talking. (E) *For A:* More or less amusing. *For Y:* Amusing. *For C:* Hardly.

DIVORCE MADE EASY, with Douglas MacLean (*Paramount*)—The title is misleading as our hero finds when he tries to help his friend with an inheritance. The farcical nature of the film is amusing, if not the happiest theme for children. All talking. (U) (E) *For A:* Mediocre. *For Y:* Amusing. *For C:* Too mature.

THE FAR CALL (first called "The Far Cry"), with Leila Hyams (*Fox*)—A poor melodrama concerning a proposed raid on seals at St. Paul's Island, Alaska. Though right triumphs, the hero villain receives more than he deserves in love and forgiveness. Silent. (U) (E) *For A:* Mediocre. *For Y:* Not recommended. *For C:* No.

FASHIONS IN LOVE, with Adolphe Menjou (*Paramount*)—A charming comedy cheapened only by its title. A worthy screening of its famous stage original, "The Concert." One of the films throughly worth seeing for the intelligent public. All talking. (E) *For A:* Excellent. *For Y:* Sophisticated but probably good. *For C:* Entirely beyond them.

THE FLYING FOOL, with William Boyd (*Pathe*)—Simple story of the devotion of two brothers who are employed at an airport. All talking. (U) *For A:* Passable. *For Y:* Interesting. *For C:* Harmless.

THE FOUR DEVILS, with Janet Gaynor (*Fox*)—An exceptional drama of circus life to which the injection of dialogue adds nothing. It is excellent entertainment for adults but cannot be recommended as suitable for children. Part talking. (U) (E) *For A:* Entertaining. *For Y:* Sophisticated. *For C:* Better not.

FOX MOVIETONE FOLLIES, with Sue Carol (*Fox*)—Expensive combination of rather flimsy and poorly acted story, musical comedy acts given *in toto*, and incessant jazz music and singing. Carries jazz to point of monotony—even the photography is "jazzed." Amusing in spots, but largely tiresome. All talking. (E) *For A:* Mediocre. *For Y:* Fairly good. *For C:* Of little interest and no value.

THE GREEN MURDER CASE, with William Powell (*Paramount*)—A whole family is almost extinguished with diabolical cunning before the guilt is placed. The film is an excellent translation of the story which has enthralled so many lovers of detective fiction. All talking. (U) *For A:* Good of its kind. *For Y:* Very thrilling. *For C:* Too mature.

HIS LUCKY DAY, with Reginald Denny (*Universal*)—Thin and far-fetched comedy of easy-going young real estate salesman trying to win his girl by selling her father an estate. The thievery by the burlesque gang of crooks is so farcical as to be harmless. Part talking. (E) *For A:* Absurd. *For Y:* Fair. *For C:* Probably harmless.

THE LONE WOLF'S DAUGHTER, with Bert Lytell (*Columbia*)—Lytell, as reformed crook and now a detective, outwits two real crooks who tried to trick him. Makes stealing attractive. Pretty feeble film. Silent. (E) *For A:* Mediocre. *For Y:* Hardly. *For C:* No.

MADONNA OF AVENUE A, with Dolores Costello (*Warner*)—Hectic and improbable melodrama on the old theme of the underworld mother trying to make her daughter a "lady." All talking. (E) *For A:* Absurd. *For Y:* Unwholesome. *For C:* By no means.

A MAN'S MAN, with William Haines (*Metro-Goldwyn-Mayer*)—Harmless but inane story of smart-aleck drug clerk and his movie-mad sweetheart who both recover from their silly ideas. Silent. (E) *For A:* Stupid. *For Y:* Perhaps. *For C:* No.

THE MYSTERIOUS DR. FU MANCHU, with Warner Oland (*Paramount*)—An exciting mystery story in which an influential Chinese seeks vengeance for the death of his wife and child in the Boxer rebellion. Part talking. (U) (E) *For A:* Good of its kind. *For Y:* Very exciting. *For C:* Too exciting.

ON WITH THE SHOW, with an All Star cast (*Warner*)—The story of troupers and their difficulties in putting on the show is negligible, but the color photography is unusual and beautiful. All talking. (U) *For A:* Perhaps. *For Y:* Passable. *For C:* Unsuitable.

OUR MODERN MAIDENS, with Joan Crawford (*Metro-Goldwyn-Mayer*)—Beautiful settings and costumes, and a good cast, unfortunately add allure to an inexcusably distasteful theme concerning modern youth as it is supposed to be. The expected attempt to repeat profits from the previous "success"—"Our Dancing Daughters." Silent and talking versions. (U) (E) *For A:* Might be well to see it. *For Y:* Impossible. *For C:* No.

THE RAINBOW MAN, with Eddie Dowling (*Paramount*)—A sentimental, thoroughly human story of the joys and struggles of an easy-going minstrel man pledged to bring up the orphaned child of his former pal. Singing, talking and acting notably good. (E) *For A:* Amusing. *For Y:* Excellent. *For C:* Good.

THE SAP, with Edward Everett Horton (*Warner*)—To cover a bank defalcation, our hero steals more, gambles, wins, and the town gets out the brass band in welcome. It eulogizes a pernicious philosophy of life as a basis for so-called

(*Turn to page* 50)

*The intensely dramatic moment when the hero goes away. Marion Nixon and Frankie Darrow in "The Rainbow Man"*

### The Best Recent Films for Young Folks

| | |
|---|---|
| The Air Legion | The Hottentot |
| †Annapolis | †The Idle Rich |
| †Christina | †Innocents of Paris |
| The Circus Kid | The Iron Mask |
| †Close Harmony | Molly and Me |
| The Donovan Affair | Prep and Pep |
| The Duke Steps Out | †The Rainbow Man |
| †Evangeline | Red Hot Speed |
| Fancy Baggage | Redskin |
| †The Flying Fleet | Some One to Love |
| Give and Take | Sonny Boy |
| The Glorious Trail | †Strong Boy |
| †The Great White North | †Two Weeks Off |
| Hearts in Dixie | The Viking |
| | The Voice of the City |
| | What a Night! |

†Especially good for children.

### What the Abbreviations Mean

E—The judgment of the National Film Estimate Service.

U—The judgment of the Motion Picture Committee of the Women's University Club, Los Angeles.

For A—For intelligent adults.
For Y—For youths, 15 to 20 years of age.
For C—For children, under 15 years.

# Everyday Problems

## And How Parents Meet Them

**WE are convinced that there is no magic formula that will perform miracles in child training. But we do feel that the methods outlined here contain helpful suggestions. We invite our readers to tell us briefly of problems in child rearing which they feel they have handled successfully. One dollar will be paid on publication for each contribution accepted. Manuscripts for this department will not be returned. Address The Managing Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.**

MY BOY DEVELOPED BED-WETTING when nearly three years old. Physical conditions and diet were not the causes. Punishment or depriving him of some toy were unavailing; in fact, the habit became worse.

HOW THE PROBLEM WAS HANDLED: Anxious lest it become chronic, I studied the child's routine carefully, assuming apparent indifference and changing bedding without comment for several days. The idea came to me that perhaps his routine was too regular. No visiting, no calling, no trips were made by the family because no servant, no relatives, and no car make such excursions difficult. Determining on a treat of some sort once a month, I casually mentioned one day that a boy big enough to keep dry could go with mother to a concert. (He always had responded to music.) Baby sister in diapers was too small to go. Ignoring lapses of control, I soon showed him tickets for the two of us to a band concert for school children. There was little improvement before going, but for a week after the concert he was proud of his dry bed. After that a half day's trip to the near-by city to see Santa Claus and a toy department, an hour at a marionette show at the school, some children's concerts, the children's service of the church—all were followed by great improvement. The absolute turning point came after six months when we were planning spring clothes. I *casually* decided aloud that he was such a big boy he'd better have two-piece pajamas like his father's. We made another trip to the city, he selected the prints he preferred, I made them after the identical adult pattern. He promptly donned them and still calls them his "big boy pajamas." For over a year we have had no wet beds.—*Mrs. P. H. A., Illinois.*

MY THREE CHILDREN, SEVEN, TEN AND TWELVE YEARS OF AGE, WERE GETTING INTO THE HABIT OF DAWDLING about their work and I was getting into the habit of nagging them and even then most of the tasks were apt to be left for me to do.

HOW THE PROBLEM WAS HANDLED: Saturday being my busiest day, I thought it a good time to turn over a new leaf. As soon as breakfast was over, before the children got started on something else, I told them to each get a sheet of paper and a pencil. I had prepared a list of 20 tasks and asked each child to choose and copy 5. This left 5 for me. Then we were ready for our morning's work. When each child had finished his 5 tasks he was to be allowed to play and would be excused from further work until noon. I had written down such duties as: clear breakfast table, wash dishes, wipe dishes, sweep front porch, make J's bed, make R's bed, dust sitting-room, etc. As soon as a task was finished it was crossed from the list. I was surprised to find that the children did not always choose the easy tasks. To be sure some tasks were not done as well as I could have done them, still they were done cheerfully and each child realized that there were many things to be accomplished and he, as well as mother shared the responsibility.—*Mrs. O. E. N., Oklahoma.*

MY SIX-YEAR-OLD GIRL DEVELOPED A VERY WHINY TONE both when she wanted something and if she did not wish to do what was asked of her. Just talking to her about it made little impression.

HOW THE PROBLEM WAS HANDLED: I began laughingly to answer her in the same tone and manner—not in any unpleasant spirit, but with a sense of fun. Then she realized how unpleasant she sounded. Now she is correcting her own bad habit for she herself dislikes it.—*Mrs. S., New York.*

JANE RECEIVED A BAD FRIGHT WHEN SHE WAS THREE. Through an unavoidable circumstance she was left alone for about twenty minutes one evening after she had gone to bed. She woke and called us, a rare occurrence, and getting no reply must have become frightened, for we found her, on our return, out of her crib walking through the hall looking for us and crying hysterically. The experience seared deeply. For two months I fought the terror that came into her eyes when it was necessary for me to go tend the furnace or hang something on the line in the yard, or anything else which took me away for a few minutes.

HOW THE PROBLEM WAS HANDLED: I explained to her each time where I was going, what I was going to do and that I should soon be back. When I found, in answer to questioning, that fear for what might befall me entered in (when I went to the cellar especially) I took her down and showed her all around saying, "This is the good furnace that keeps us warm," etc. Each time on my return I said, "Mother came back just as she said she would, didn't she? There was nothing for you to be afraid of, was there?" And when her answers became a bit more reassured and her hysteria had lessened I gave her things to do while I was away and asked her to be ready to call "hello" when she heard me coming back.

In spite of the temptation, for it was exasperating to come back to this crying child so often, I did not once scold her or say I was ashamed of her. It was too plain that the terror was real and I was afraid of complicating her emotions if I added scolding to fright.

After about two months it was all over and she was restored to her normal confident self. Among other things, she now accepts cheerfully and without question the five minutes or so alone on rainy mornings while I take Daddy to the train.

I am convinced that incidents of this kind are apt to occur even when children are most carefully protected and wisely handled. A problem of fear can crop up before parents are aware that there is a cause. I hope my experience in handling such a problem with my child may help other mothers.—*Mrs. J. D. S., New York.*

## What Would You Do?

*$10 for the Best Answer*

**ANNE is unhappy because her parents send her to dancing school. Her mother and father have decided that she should be having this social experience in order that she may become accustomed to groups of people. As she is now ten years old they are not inclined to postpone the dancing lessons, although Anne cries before leaving each week. Her mother has investigated and has discovered that her daughter is not popular and that she is usually the last child to be chosen as a partner.**

**The best 300-word solution to this problem submitted by August 20, 1929, will receive a prize of $10 and will be published on this page in an early issue. If two or more answers are of equal merit, duplicate prizes will be awarded. Address: Managing Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.**

# Watch their food these hot days

CHILDREN need plenty of light, crisp foods in summer. Just what to give them often presents a problem. Millions of mothers have found an ally in Kellogg's Corn Flakes. Wholesome, crisp, easy to digest—Kellogg's have a flavor kiddies can't resist.

Served with cool milk or cream, Kellogg's supply nourishment without "heating" the body. Fruits or honey may be added for variety. An ideal dish for between meals or supper.

And why don't you try Kellogg's, yourself, for lunch one of these warm days? See how much cooler you feel all afternoon. Kellogg's are always extra crisp.

12,000,000 people daily prefer them. To be sure of getting genuine Kellogg's look for the red-and-green package. At all grocers. Served by hotels, cafeterias—on diners.

**Kellogg's®**

**CORN FLAKES**

*Write the Home Economics Department of the Kellogg Company, Battle Creek, Mich., and we will be glad to send free literature and advice on child feeding and diet. Your own physician should be consulted in the event of ill health and sickness—ours is in no sense a medical service.*

*All advertisements conform to standards on page 55.*

# Feeding *the* Family

By Ruth Washburn Jordan
*Food Consultant*

## *The Care of Food in Summer*

AUGUST, and dog days again! The most difficult time of all the year to keep foodstuffs fresh and wholesome. It's vacation time, too, and the housewife, like everyone else, should get through the hot days with a minimum of effort. Yet in the matter of caring for the family's food supply she must be extremely vigilant. The cost of neglect in this regard cannot be estimated, either in the amount of food wasted or in the loss of health to the family.

Housewives should make sure that the fruit and vegetables they buy are fresh, clean and sound, and that their meat, milk and butter have been produced and marketed under the most sanitary conditions. Never fall into the careless habit of keeping leftovers in the ice-box until they spoil. They are apt to contaminate other food. All perishable foods should be put in the refrigerator immediately after delivery and those that spoil most easily should be given the coolest place. In the side-icer type of refrigerator the coolest place is the compartment below the ice. In the top-icer it is in the middle of the top shelf. The ice chamber should be kept full of ice, and nothing else. It is surprising how much colder the refrigerator will keep when the air can circulate freely around the ice and down through the food compartments. Open the refrigerator door as seldom as possible and close it quickly.

This is the season of canning, too. With all the excellent brands of canned goods to be had at reasonable prices it is a question whether it pays to buy fruits and vegetables for canning. Of course if canning and preserving constitute a housewife's hobby, or if she lives where fruit and vegetables are raised, that is a different matter. However, it is foolhardy to can at all unless one is willing to take every precaution to guard against spoilage. Only fresh, sound fruit should be used, and jars, rubber rings and fruit should all be sterilized by boiling. The U. S. Department of Agriculture has found that "non-acid food products, such as asparagus, beans, corn, peas, beets, spinach, fish, and meats, except when adequately cured or adequately acidified, cannot be safely canned by processing in boiling water, but must be sterilized under pressure with approved time and temperature." In other words, a (*Turn to page* 34)

### This Month's Prize Recipe

***Orange Milk Shake***

Combine 1 level teaspoonful brown sugar and the juice of one orange. Add 1 cup very cold milk slowly, beating vigorously with a Dover egg beater. Serve at once. The flavor and color may be varied by using a few drops of vanilla or two or three tablespoons of grape juice, pineapple or strawberry juice. This cool drink for summer is improved if it is well shaken, using a small piece of ice to chill it sufficiently.—*Mrs. Romeyn B. Hough, Lowville, N. Y.*

### Hot-Weather Dinner Menus

***Attractive to Adults, Nutritious for Children***

I
Jellied Tomato Bouillon
Toast Melba
Broiled Lamb Chops
Boiled Brown Rice
String Beans
Hearts of Lettuce
Lemon Junket with Cream
Milk Coffee

II
Creamed Chicken on Toast
Whole Wheat Bread
Fresh Green Peas
Beet Salad
Orange Jelly with Cookies
Milk Coffee

III
Rare Roast Beef
Toasted Johnny Cake
Creamed Carrots, Browned Potatoes
Tomato Salad
Fresh Peach Short Cake with Cream
Milk Coffee

IV
Casserole of Minced Beef
Whole Wheat Bread
Scalloped Macaroni and Tomatoes
Cabbage Salad
Chocolate Ice Cream
Milk Coffee

V
Vegetable Plate:
Creamed Potatoes
Fresh Peas
Buttered Beets
Buttered Cabbage
Whole Wheat Bread
Pineapple and Cream Cheese Salad
Molasses Cookies
Milk Coffee

VI
Broiled Fish with Broiled Tomatoes
Toast Melba
Buttered Parsley Potatoes
Fresh Green Salad
Lemon Snow with Custard Sauce
Milk Coffee

VII
Liver Pot Roast
Whole Wheat Bread
Creamed Onions
Boiled Brown Rice
Raw Carrot Salad
Jelly Roll
Milk Coffee

VIII
Liver Heated in Brown Sauce
Stale White Bread
Riced Potato
Spinach
Cabbage and Pineapple Salad
Raspberry Junket with Cream
Milk Coffee

IX
Minute Steaks
Toasted Whole Wheat Bread
Spaghetti with Cream Sauce and Cheese
Peach and Tomato Salad
Oatmeal Cookies
Milk Coffee

X
Baked Shoulder of Lamb
Toast Melba
Baked Potatoes
Scalloped Lima Beans and Tomatoes
Lettuce Salad
Pineapple Delight
Milk Coffee

XI
Fish Chowder
Whole Wheat Crackers
String Bean Salad
Lemon Jelly with Cookies
Milk Coffee

ACTIVE LADS ARE THE HEALTHY LADS!

# For all the children who like milk ...and those who don't

## *Here's a healthful drink that's just . . . packed with energy!*

CHILDREN are always active—never still. Climbing, running, shouting, "wriggling forty to a dozen" even when they do stay on one square foot of ground for a minute at a time. City children, town children, country children—how they are continually using up such quantities of breathless energy every waking hour!

Gloriously alive—as only healthy young things can be. It's the birthright of childhood!

But—all this energy so light-heartedly poured away, *must* be continually stored up again. Mealtimes alone are often not enough for sturdy youngsters. Often they need a healthful, energy-creating pick-me-up in the middle of gay play-mornings and afternoons.

No food is so perfect for this little between-time meal as Borden's Chocolate Malted Milk. It builds up new energy and strength *faster* than any other food. And it is far easier to digest than solid snacks; thanks to the malt, there is no tax on small stomachs.

Children who *like* milk find this creamy chocolate drink a delightful variation at regular meals and always hail it joyfully at the *hungry hours*—eleven, three and bedtime.

As for youngsters who *don't*—well Borden's Chocolate Malted Milk is so delicious that they can't resist it! So different from plain milk in taste and color that the most determinedly grown-up young person never thinks it babyish. It's a godsend to worried mothers who have been fraying nerves and wasting valuable time coaxing and commanding that necessary Quart-A-Day down small protesting throats.

Made from choice strengthening grains and rich whole milk with every bit of cream left in, Borden's Chocolate Malted Milk contains *all* the vital food elements that growing bodies need. Tissue-building proteins. Energy-creating carbohydrates. Bone-making lime salts and precious vitamins.

And *growing* is such a tremendous business! Often children need extra between-meal nourishment to make young strength keep pace with lengthening arms and legs. That is why doctors so frequently recommend a glass of Borden's Chocolate Malted Milk at bedtime and in the middle of the morning.

Your grocer and your druggist have it. Get a can and see how the children thrive on it! The Borden Company, 350 Madison Ave., New York City, N.Y.

*You'll like this delicious creamy drink yourself at lunchtime or in the middle of a strenuous morning. It will bring back your strength and energy—just as it does the children's.*

Approved by the Experts and Readers of "THE PARENTS' MAGAZINE"

## BORDEN'S CHOCOLATE MALTED MILK



*All advertisements conform to standards on page 55.*

That the glass, as the most common germ-carrier, is really dangerous in the spreading of colds and worse, we all know. The day will come when we shall no more think of sharing the drinking glass with even sister and brother than we today think of sharing the toothbrush.

But in other ways, too, may Dixies be a welcome help! Many mothers have written us that their children accept milk (and "nasty old medicines") much more readily in a pretty Dixie than in a glass. The beauty, and the pleasant touch, and the novelty of a Dixie have doubtless much to do with that. These Dixies were specially made for use in the home, to avoid the trouble of washing glasses and to save the expense of broken tumblers and goblets.

They are packed in convenient 10c and 25c cartons. Stationery, grocery, drug, department and 10c-stores have them in stock, or can easily procure them for you. Very handy in the automobile, on outings and picnics.

**INDIVIDUAL DRINKING CUP CO., Inc.**
*Original Makers of the Paper Cup*
**EASTON, PA.**

*You and the children will enjoy the Dixies Circus over WJZ and Associated National Broadcasting Company Radio Stations every Friday evening 7:30 Eastern Daylight time (6:30 E. S. T.; 5:30 C. S. T.)*

# Feeding the Family

*(Continued from page 32)*

pressure cooker is vital to success.

It is no longer necessary to waste time and materials on jelly that won't "jell," for if the commercial pectin, which can be purchased at any grocery store, is used according to directions, it will always insure success. For those who like to put up jams and jellies in the old-time way, I have given some of my tried and true recipes.

### *Peach Marmalade*

Peel and slice 25 peaches. Slice 3 oranges very fine. Add 3 pounds sugar. Let stand overnight. Boil about ½ hour, and pour into jelly glasses. Seal with paraffin.

### *Quince Honey*

Take one nice large quince, one pint water and one pound sugar. Pare and core quince and grate on fine grater. Put all together in a preserving kettle and boil 20 minutes.

### *Quince and Cranberry Jelly*

Wash and cut in slices 2 quarts of quince. Cook until tender in water to cover. Drain. Stew 3 quarts cranberries in 3 pints of water. Drain. Combine the quince and cranberry juices and to each quart of juice add 1 pin of sugar. Boil 10 minutes and pour into jelly glasses.

### *Apple Butter*

Pare and core apples and cook until soft. Rub through sieve and measure. To each cup of apple pulp add ¾ cup of sugar. Boil together until mixture jellies. Pour into jelly glasses.

### *Lemon Marmalade*

9 lemons — 6 lbs. granulated sugar
4 quarts water

Slice lemons very thin, removing seeds. Pour water over slices and let stand in cool place 24 hours. Boil hard for one hour. Add sugar and boil until thick and clear. Put into jelly glasses.

### *Pear and Pineapple Marmalade*

8 pounds pears, sliced — 5 pounds sugar

Cook until a little thick. Add a can of shredded pineapple and juice and grated rind of one lemon. Cook a few minutes. Put into jelly glasses and seal while hot.

### *Apple Jelly*

Select sound tart apples, wipe them and remove stem and blossom end and cut in rather small pieces. Put in saucepan and nearly cover with cold water. Cover and cook slowly until apples are very soft. Turn into rather coarse strainer lined with coarse cheesecloth and allow the juice to strain through. Do not press. Strain the juice again through cheesecloth and boil for 20 minutes. Add ¾ as much sugar as you have juice. Stir until sugar is dissolved. Boil 5 minutes and skim if necessary. Turn into sterilized jelly tumblers. Let stand 24 hours, then cover.

### *Grape Conserve*

4 pounds grapes — 2 pounds sugar
1 pound seeded raisins — 2 seedless oranges

Pulp grapes. Heat pulp and strain through colander to remove seeds. Then add sifted pulp to sugar, raisins, grape skins and orange. Put through the chopper. Boil ½ hour.

### *Pineapple Delight*

1 cup pineapple juice — 1 cup pineapple, finely shredded
½ cup sugar — 2 egg whites
2 teaspoons cornstarch — 1 cup evaporated milk
Pinch salt

Heat pineapple juice, sugar and salt to boiling point. Mix cornstarch with enough water to form smooth, thin paste and pour into hot mixture. Cook until thickened, stirring constantly. Add shredded pineapple. Chill thoroughly. Whip the egg whites and milk together until stiff. Fold in the fruit sauce. Freeze in electric refrigerator tray or in mold packed in ice and salt. (See Menu X.)

### *Lemon Sherbet*

Juice of 2 lemons — 1 pint sugar
Juice of 2 oranges — 1 quart of milk

Mix lemon and orange juice with sugar thoroughly. Put in the ice-cream can which has been chilled in the refrigerator, then put in freezer. Pack with ice and salt, allowing three level measures of ice to one of salt to insure a smooth fine-grained sherbet. Just before turning, pour in the milk and turn quickly to prevent curdling. Turn slowly but steadily until mixture is frozen. This is my pet sherbet recipe and should be smooth and very fine-grained.

### *Ice Cream Short Cake*

Put thin slices of vanilla ice cream between 2 slices of sponge cake. Serve with any preferred fresh fruit sauce, crushed berries with sugar, or a good chocolate sauce.

### *Rhubarb and Fig Jam*

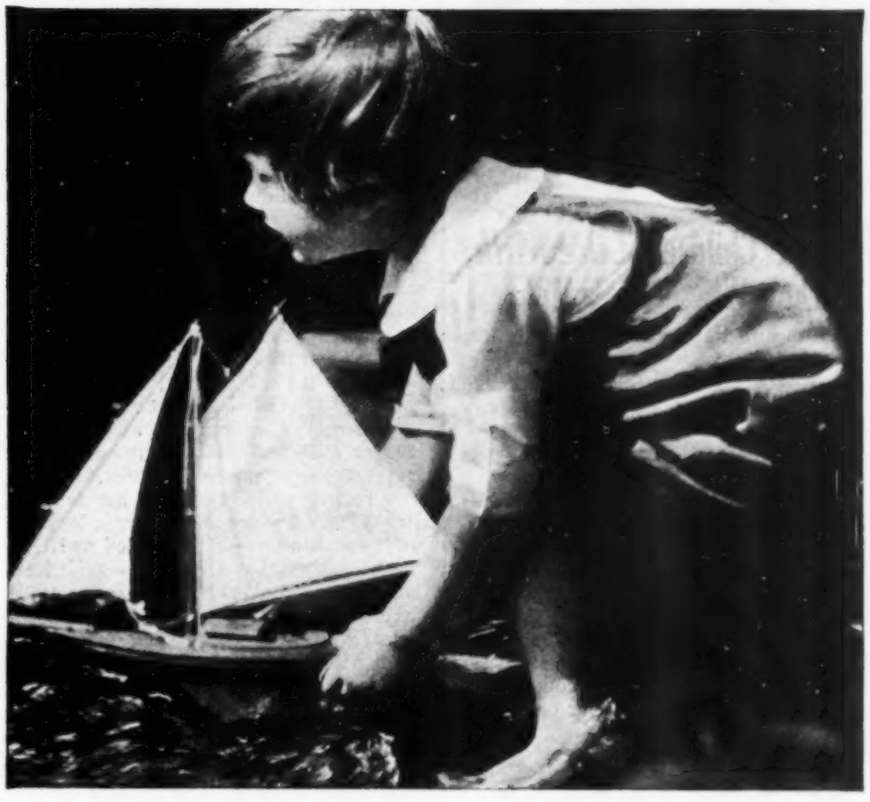
Cut rhubarb in inch lengths and cook until soft in just enough water to prevent burning. Add sugar and cook 15 minutes more. Then add figs which have been put through chopper. Cook over slow fire until thick, stirring often to prevent burning. This makes a delicious filling for Washington pie. —*Mrs. R. G. B., New Jersey.*

**Recipe-of-the-Month Club**

**Send us your favorite recipes—*those that are especially good for children.* Each month we will pay $5 for the best recipe, and $1 apiece for every other recipe accepted for use on this page. Address The Recipe-of-the-Month Club, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York City.**

## . . . but never should his health

# Sail Away



A CHILD has faith in everything that touches his small world. Faith in the ship he sails—faith in the foods put on the table for him to eat.

Headache, indigestion, listlessness, lips cracked and smarting, no gain in weight, the same marked height on the wall month after month—these are sure signs that his faith is being imposed upon in some way.

It is possible for a child to be in ill health without his parents' knowing it. They can be too used to his pallor and quiet ways! But a mother can ask herself: Is he getting a quart of milk in some form every day? Is he getting cereal every day? And one raw vegetable, and one cooked vegetable besides potatoes? Is he getting four meals, or their equivalent in amount, every day? For if not, then ill health at least threatens him. For without these foods, among other good foods, and without enough of them, he cannot be obtaining the minerals and vitamins required by his tissues and blood.

A delicious flavor for these mineral-vitamin foods is sugar. It is so big a help in seasoning that it can be used to advantage in a variety of servings for children.

Children will eat more cereal if they can have it with a little sugar. They will eat more fruit, if they can cut the harsh fruit acid with a little sugar. They will consume more milk if some of the day's quart can be made into custard, egg-nog, ice cream and other acceptable desserts. They will even eat more vegetables if these are cooked with a sprinkling of sugar, to banish the blandness of their flavors.

Try new peas with a little sugar. The small amount called for in this recipe will not make them taste sweet, but it will greatly improve their flavor.

Cook one quart in as little boiling water as possible, with ¼ teaspoon salt and one level teaspoon sugar. Most of the water should evaporate in the cooking. When tender, serve covered with one teaspoon butter, ½ teaspoon salt.

TRY FLEMISH CARROTS: Scrub 18 young carrots, and slice lengthwise into very thin strips. Melt six tablespoons butter, add the carrots, one level teaspoon sugar, one teaspoon chopped parsley and a little salt. Cover and let simmer till tender, about twenty minutes, turning frequently with a spoon. Add ½ cup cream, stir well, heat, and serve.

Good food promotes good health. The Sugar Institute, 129 Front Street, New York City.



*All advertisements conform to standards on page 55.*

**If Your Children *Like Milk*, They Will *Drink* Milk.**

And a sure way to make children like milk—*love* it, even—is to offer it to them with Stone's Sanitary Straws, as though it were an ice cream soda. For a straw vastly increases the goodness of milk—or any other good drink. Besides, it prevents gulping and thus aids digestion.

It's a good idea to keep Stone's Sanitary Straws always on hand. It is, in fact, the smart thing to serve all drinks with straws. Remember: *A straw makes the best drink taste better.* They are useful too, in the sickroom.

Be sure to get the handy ten-cent home package today from your druggist. If he does not have it, send us the coupon and ten cents (stamps or coin) for one package, prepaid.

**STONE'S *Sanitary* STRAWS**

STONE STRAW CORPORATION
Washington, D. C.

I am enclosing ten cents (stamps or coin), for which please send me one home package of Stone's Sanitary Straws, prepaid.

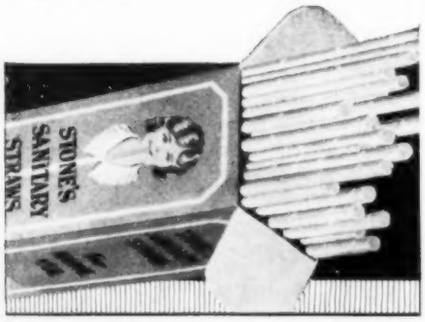
Name .....

Address .....

City ..... State .....

Druggist's Name .....

Druggist's Address .....




# The Happy Bath

*(Continued from page 23)*

something like the sea serpent we were reading about, but nicer. Covered with scales, all gold and silver and a lovely sea-blue. I think if you came and took your bath it would tell you about itself."

"You ask it," said the practical railroad man.

I RETIRED to the bathroom and communed with the Bathosaurus. A moment later I returned. My little lad had not resumed his play. He stood a small statue just as I had left him, one ear cocked for the message from the new creature in the room beyond. And by that sign I knew that I had won.

"What did it say?" he asked.

"It will talk about itself as long as the bath goes forward," I reported.

"Hurrah!" cried an enthusiastic treble. There was a dash for the bathroom. I followed in some triumph mixed with trepidation. I was quite accustomed to being a lion or a cow or an ordinary animal like that—but a sea serpent! It would take a bit of doing.

Grown folk are often strangely blind, but you can trust the vision of a child.

"I see it! I see it!" he caroled blithely, "Oh, what does it say?"

"It says," I interpreted after listening for a second, "it says it only talks to people who are *in* bathtubs."

"Oh, hurry, hurry, help me to undress. Tell me more about how it looks."

"It has kind eyes," I decided swiftly, "and I gather that from the way it has one forepaw on each tap that we will have to ask it if we want any more water. The blue on its back is just the color of the sea we saw last summer up in Maine. It has a white frilly shirt front."

"Like the foam on the water when it hits the rocks?" volunteered an eager small voice.

"Exactly like that." I agreed.

Swiftly the small clothes came off as the small tongue chattered endlessly.

"What's its name?"

"Bathosaurus Marinus."

The name was received with satisfaction.

"Its parents call it 'Bathie' for short."

"The way you call me 'Sonny'?"

"The same way."

"Where does it live?"

"It lives in a cave in the bottom of one of the lakes which feed the reservoir."

Splash! A beautiful little body slid into the warm water.

"I'm in! I'm in! Tell Bathie to talk."

So the Bathosaurus sat up on the taps and talked while I washed a dear dirty little face and scrubbed a pair of coal-cellar hands and knees.

Inhabiting as he did a chain of lakes in the region of the Catskills, the Bathosaurus proved himself a person of some resource with a wide knowledge of the historical and legendary lore of the neighborhood. It had not made him proud. Evening after evening he would come with the bath water, perch above the tub and hold forth with story after story interpreted by my humble self as I wielded washcloth or towel. Bathtime became a social function which needed no urging to attend.

As time went on the Bathosaurus established certain rules of conduct. This was befitting the dignity of a large and glittering personage of brilliant background. Sonny obeyed them.

Bathosaurus would never talk till his small audience was in the tub. He would vanish up the tap if splashing became so riotous as in his opinion to endanger the plaster of the room below. Once gone he would not return for that night. He never appeared except when the bath was in progress.

Besides his knowledge of the geography and history of the country and the waters in which he lived, the Bathosaurus had had many lively adventures of his own. Pranks he had played with hardy swimmers, canoeists and sailors, amazing experiences he had had with steamer searchlights in the dancing waters. He could do and had done all the things a small boy would do if he were part fish.

He had talked, too, sailor fashion, with many men, men of different nations, men of great courage, endurance, and that blithe adventuring spirit that loves the sea. There had been occasions when he himself had saved a life or two, swimming out to sea to carry a life-line to a foundering fishing boat or bringing in a shipwrecked sailor held high aloft on his glittering tail. I had to wring these accounts of his personal exploits from him, for he was a modest creature. Indeed he possessed every virtue that a mother would like to see instilled in her son.

THE years have passed. Sonny is twelve. He takes his own bath of course. The well established habit of cleanliness, a slightly awakened social conscience plus the high ideals of school athletics have taken the place of the fantastic lure of the blue and gold Bathosaurus.

And yet, I wonder— He emerges sometimes from the bathroom with an adventuring gleam in his eye to announce: "Bathie came out of the tap tonight!" And I wonder if when he is a grown man and plunges perhaps into the roaring surf of some far-off beach whether he will not see, through the poised waves toppling to their crash, the blue glitter of Bathie's scales.

The Bathosaurus is open for engagements. I hereby present him to any mother, nurse, or aunt to whom a small child's cleanliness presents a problem. He will come through any tap, live in any local reservoir, and tell any stories with which any interpreter may chance to be familiar. May he brighten the end of the day for other small boys and their mothers as he did for Sonny and me!

## Out of the MOUTHS OF BABES

*One dollar will be paid for each child's saying published in this department*

BOBBIE, aged three, was in the bathroom having a delightful time finding out just how much water the bathtub would hold. His father, who was in the library below, heard water running over the floor. He dashed to the stairs only to be met by his young son, who exclaimed, "Don't say a word, John; just get the mop."—*Mrs. B. H. R., Rehoboth, Mass.*

LITTLE June, aged five, was being shown her little twin brothers born the night before. Gazing upon them reflectively, she remarked, "Well, I never did see such a woman as Mother for getting bargains."—*Mrs. J. R., Granite City, Ill.*

"HOW many boys," asked the Sunday school superintendent, "can bring two other boys next Sunday?"

There was no response until Jimmy, aged five, raised his hand hesitatingly. "I can't bring two," said he, "but I know one little boy I can lick and I'll do my best to bring him."—*Mrs. W. J., Beaver Falls, N. Y.*

I WAS absent-mindedly singing:

*"She wept with delight when you gave her a smile,*
*And trembled with fear at your frown,"*

when I discovered little Louise looking at me seriously. "She wouldn't have been so foolish if *you'd* brought her up!" was her unexpected comment.—*Mrs. E. A. A., Spencer, Iowa.*

"CAN any little girl," asked the new teacher, "tell me the difference between a lake and an ocean?"

"I can," replied little Clara, whose wisdom has been learned from experience. "Lakes are much easier to swallow when you go swimming."—*O. M., Columbus, Ohio.*

SALLY, aged six, was in first grade. The teacher had just finished telling the story of "The Hare and the Tortoise."

"And now," she announced, "I want you each to draw a picture of something in the story."

In a minute, Sally laid her pencil on her desk and sat up, with her hands folded. On her paper she had drawn a straight line.

"Why, what is that?" asked Miss Davis, looking at her work.

"That's the path," was the answer.

"Why, where's the hare?"

"Oh, he's way ahead."

"But, where's the tortoise?"

"He's not here yet," was the calm retort.—*M. J., Madison, Wis.*

VISITING Aunt—"I'll fix your grapefruit for you, dear. How much sugar shall I put on it?"

Dollie—"Too much, please, Auntie."—*M. Z., Kansas City, Mo.*


## Send for FREE BABY CHART

The Mennen Nursery Wall Chart on Baby Care tells you how to care for Baby's body daily—what to do, when to do it—how to check chafing, scald and "ammonia diaper" irritation. It is FREE.

# *"Ammonia Diaper"* . . . Check it with MENNEN Borated Baby Talcum

*HOT WEATHER! . . . days of worry . . . sleepless nights . . . tossing, restless babies . . . irritated little bodies . . . How COOL and sweet and free from pain you can make them if you use Mennen Borated Baby Talcum. And there's a mighty good reason why Mennen Borated is better!*

Never neglect "ammonia diaper"—the common cause of baby's discomfort and unhappiness.

The angry redness of baby's skin should be instant warning to the cautious mother. "Ammonia diaper" can be checked! Instant relief can be given to the child—if you will use Mennen—the Borated and Zincated Baby Talcum.

Mennen Baby Powder is scientifically medicated to relieve and prevent the irritation, rawness, and chafing that makes baby's life so unhappy.

Because it is an extra-quality powder it may cost you a little more—but who counts the cost when the health and happiness of your child is at stake?

Note how Mennen Borated protects the tender folds of baby's skin—preventing chafing. Note its softness—its purity! But especially watch its efficacy in "ammonia diaper" cases! Get Mennen Borated from your druggist today!

The MENNEN Co., Newark, N. J.
The MENNEN Co., Ltd., Toronto, Can.

*The New Mennen can with the Nursery motif.*

# MENNEN
## BORATED BABY TALCUM

**Free Chart Coupon**

The MENNEN Company
Dept. P.M. 8 Newark, N. J.

Send me FREE the MENNEN Nursery Wall Chart on Baby Care.

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# Childish hurts are easily mended.

Bumps and bruises, cuts and scratches, they're an inevitable part of childhood's activities. Let the children race and play—it's good for them—but keep a jar or tube of "Vaseline" Petroleum Jelly handy to mend the little hurts that are sure to come.

"Vaseline" Jelly is a pure mineral substance that is particularly healing and soothing. Here are directions for its use for many of the emergencies mother must meet every day.

***Burns and Scalds***—Cover the affected area with "Vaseline" Jelly, spread on clean gauze. Change dressing daily.

***Blisters***—Prick the edge of the blister with a sterilized needle, press out the water and dress with "Vaseline" Jelly.

***Bumps and Bruises***—Apply cold compresses immediately, then dress with "Vaseline" Jelly.

***Chafing***—After the baby has had a bath, smear a little "Vaseline" Jelly over the chafed parts. This treatment relieves the soreness, helps heal the irritation.

© Chesebrough Mfg. Co., Cons'd, 1929

# Vaseline

REG. U. S. PAT. OFF.

PETROLEUM JELLY

## Health Hints for Holidays

(*Continued from page 26*)

impossible to make hard and fast laws about the length of time a child may stay in the water. Different people react very differently to cold. The shivering, blue-lipped youngster must be urged to swim vigorously for five minutes or so and then come out of the water to be rubbed down and dressed. Good stiff exercise following the swim helps to tone up the circulation and make the child better able to stand the cold water. For any child twenty minutes of swimming is long enough at one time. The ones who react well to cold may stretch out in the warm sun for a few minutes and then go back into the water again. When there is no warm sun there should be no dallying around in wet bathing suits. Children will easily learn to safeguard themselves against overdoing the swimming stunt if parents will take the trouble to teach them. One little patient of mine, aged three, paddles around on water wings in a pool with an expression of absolute bliss on her cherubic countenance. But after a few minutes of unalloyed joy she will climb up over the edge of the pool, explaining, "Must get warm now."

ONE of the sequels of diving which I believe parents do not appreciate is earache. Every summer I see several children suffering from this condition as a result of getting water into their ears. Usually the outcome is not serious and the pain subsides in a few days. But I have known results no less serious than double mastoiditis to follow these simple ear inflammations. It would be a wise precaution for everyone who intends to indulge in the thrilling sport of diving to protect his ears by plugging them with a bit of lamb's wool. This is superior to ordinary cotton for it contains oil and thus keeps the water out more efficiently. It can be purchased at drug stores.

Those who are easily sunburned should make sure to take an ample supply of protective cream in the medicine kit, for one bad case of sunburn can take the joy out of several good days of vacation. There are several creams that give valuable service as preventives of sunburn and at the same time do not prevent the acquiring of tan.

If you are fortunate enough to have found a remedy for insect bites which is effective in your case, take a bottle of it with you, especially if you are going to a rural place where such supplies may be hard to get. If you are far from the first-aid kit and are stung by bees or other insects, apply a generous amount of ordinary mud.

The vagrant vacationist often walks unknowingly into a patch of poison ivy, with most unpleasant results. It is wise to teach children early to recognize this poisonous plant so they will keep away from it. Probably no one is immune from its poison, though many people seem to think they are.

A PERSON who has been exposed to poison ivy should scrub his hands with soap and water as soon as possible. Extreme care should be taken not to touch the face or any other part of the body with hands that have touched the ivy, for it is in that way that the poison is spread. When a case has developed, if it is not severe, it can be treated without the aid of a physician. One of the best methods of treatment is to apply wet dressings of a strong solution of Epsom salts, about four tablespoons to a pint of water. These should be kept on almost constantly. Another good household remedy is a saturate solution of boric acid, two teaspoonfuls to the pint.

By observing these simple health hints you should be able to insure your family's vacation against the misfortune of ill-health.

## Leaflets, Pamphlets and Books

**Published by THE PARENTS' MAGAZINE, 255 Fourth Ave., New York**

### *For Group Leaders*

**Program on Child Training**—Subjects to be discussed at P. T. A., Mothers' Clubs and Child Study Group meetings. Free.

**Group Study for Parents**—Suggestions on organization and interesting meetings. Free.

**Parents Know Your Job**—An inspiring poem by Bertδn Braley. Useful in stimulating interest. Free.

**An Important Message to Groups**—Containing a practical plan to provide money for worthwhile causes. Free.

### *Pamphlets*

**How to Adopt a Child**—How to select the right child for you; the methods of adopting a child; a list of reliable agencies through which they may be adopted and information on the rearing of adopted children. 25c.

**Choosing the School**—Questions parents should ask when choosing a school. A school catechism and a bibliography on educational methods. 10c.

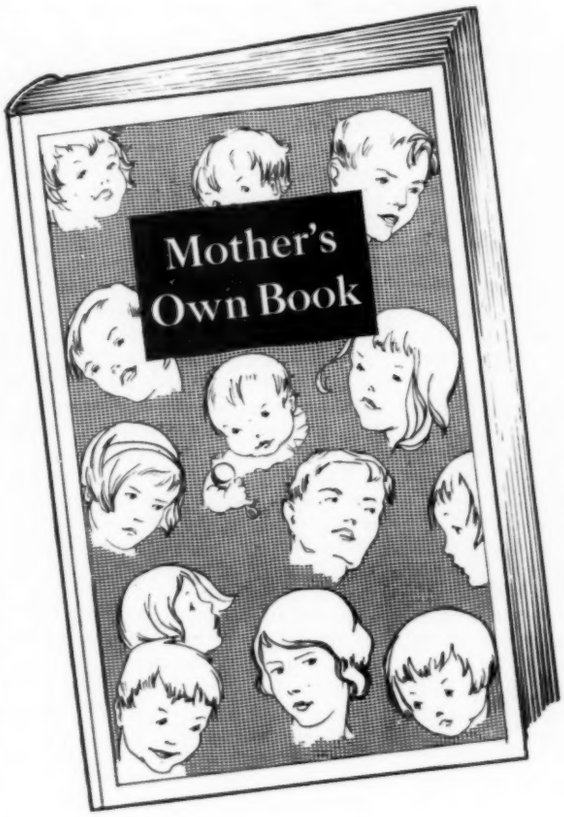
**Choosing the Camp**—Questions parents should ask when choosing a camp. Including a camp catechism and a bibliography on camps and camping. 10c.

### *Books*

**A Doctor's Letters to Expectant Parents**—A helpful book treating the physiological side of pregnancy as well as the physical. Invaluable to both mothers and fathers-to-be. Containing 18 letters—two for each of the prenatal months. $1.75.

**The Modern Baby Book and Child Development Record**—In pink or blue binding $5.00. De Luxe edition in half leather in either color—$10.00.

**If Parents Only Knew**—What the modern school is doing for the child and how the home can help. Health, Recreation, Citizenship, Character Training and Choice of Vocation are among the subjects. $1.75.




# Here is a very unusual Book—and it is our GIFT to you!

FIFTY leading authorities have contributed to this unique volume of 256 pages, handsomely bound in blue cloth with gold stamping. It is a veritable encyclopaedia of knowledge for every mother and father.

In 66 chapters helpful information is given on more than 300 subjects, such as

Nutrition and Foods—Health and Sanitation—Sickness—Habits—Education and Training—Housekeeping—Play—Things for Children to Do and Make—Problems of Adolescence—100 Practical Pointers for Parents.

## A FEW OF THE QUESTIONS THIS BOOK ANSWERS

**What to feed the Baby and Why**
**Fruits—When and How**
**The place of eggs in a Child's Diet**
**How to make your child like Spinach**
**How to care for children's Feet**
**What to do till the Doctor comes**
**When your Boy burns himself**
**Symptoms of various Diseases**
**How to choose the School, Camp and College**
**How to teach the Value of Money**
**What to tell children about Sex**
**How to develop Talent and Genius**
**How to train Character and form good Habits**
**How to keep House by Schedule**
**How to be a good Father**
**How to play with your Children**
**What a Father can do for his Children**
**How to deal with the Problems of Adolescence**

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MB8



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# "Good'n thick —is the way I like it"

LEAVE it to them and they'll spread it on "good'n thick." They like it that way. And there's not a digestion pang in a whole jar of Beech-Nut Peanut Butter. For in this form it's one of the most easily digested foods a child can have.

They like its flavor. And every mother should well understand how thoroughly good it is for them. Beech-Nut Peanut Butter is full of nutriment —for it contains the proteins that are so necessary to restore the energy that is lost in play and exercise. It is a real food—not merely a flavor. So let the growing youngsters have it often and in generous quantity—either as a spread on bread or crackers, in sandwich form, or in the many other ways it can easily be used.

Don't forget that the grown-up members of the family like it, too. It should always be on hand in the pantry. And let us call your attention to the new top to the Beech-Nut jar. It's the *easy-to-open kind* and a feature *exclusive to Beech-Nut alone.*

**Beech-Nut Peanut Butter**


# Electrical Helps for Summer

*(Continued from page 25)*

while for a home manager to look into the possibilities of the smaller electric cooking appliances for summer use, the term "smaller" being here used to mean any device that can be operated from an ordinary lighting circuit, and so not requiring special wiring. As large-scale electric cooking centers around the electric range, the mainstay of lamp-socket cookery is the electric "fireless," sometimes called merely an electric cooker. It must be realized that this nomenclature does not refer to a particular device, but rather to an entire group of them, modeled more or less on the old-fashioned fireless cooker, but depending on electricity for the first source of heat rather than on the hot discs used in the older fireless.

EVEN within the group there is a considerable variety of size, type and price, ranging from a plain little one-heat cooker to the larger and more elaborate "electric fireless," equipped for high and low heat, and sometimes also provided with a time-clock for governing the cooking period. It will also be easily understood that the higher priced cookers are made with the best insulation, while in those of least cost this feature has received less consideration. Thus the cooker of lower price tends to have a higher current consumption for the same amount of work.

Small and compact as it is, this type of cooking unit can be depended on for preparing the meat and vegetable ingredients of a hearty meal for at least four people and, by clever management, can be made to serve the needs of one or two more. This is done by placing the meat at the bottom of the cooker, with the vegetables in a multiple-unit container above. When more than four are to be fed from one small cooker, roasts must be boned and tightly tied, and chicken must be cut up, in order to utilize the available cooking space to best advantage. Similarly, in the vegetable pans above, compact viands such as peas and beans will be chosen for the quantity meal, rather than something bulky, such as squash or cauliflower.

In emergency, too, the cell-shaped cooker can be turned on its side and used as a biscuit oven, provided the home manager has a pan of the right dimensions to set within the cylindrical well. These and similar feats, including the regulation of the pre-heating period necessary for cooking meat, are pointed out in the booklets and instructions provided by manufacturers. The appliance offers great possibilities, if the purchaser will study her equipment and make the most of it.

As the "electric fireless" forms the mechanical basis of the hearty meal for summer or light housekeeping conditions, so the grill stove is the chief lamp-socket resource of the hostess with breakfasts or luncheons to plan. But even in grills the divergence in cost from high to low is about ten dollars. There is practically nothing within th scope of the conventional cereal-bacon-eggs combination, or the usual luncheon dishes, which cannot be prepared on these small grill stoves, whatever the price paid, provided the hostess will select a menu not beyond the quantity capacity of her grill.

Where several persons are to be served, the meal can usually be speeded and simplified by supplementing the grill with a toaster or disc stove. For instance, if a creamed dish is in preparation for four or six, the waffle-iron could supply accompanying waffles; or if soup is to precede the main course, it should be heated on a separate disc stove, to avoid confusion in preparing the main dish at the table.

The utility of coffee percolators, both large and small, and of toasters and waffle-irons is too well known to require further mention, except for the fact that a toaster now on the market toasts to just the right degree of delicate golden brown, turning the slice of bread automatically and shutting off the heat at just the proper moment. Electric tea kettles seem self-explanatory. Besides their primary purpose, they are also valued for producing most speedily the boiling water needed when vegetables are cooked on the small table-stoves. The point is that by judicious choice and at comparatively small expense the home manager can assemble a group of the minor devices that will settle for her the question of hot-weather cooking, at the same time eliminating unnecessary kitchen service by substituting table-cookery for the orthodox roast, potatoes and vegetables of the winter menu.

IN thus singing the praises of small table-devices, one does not wish to belittle the full-sized electric range, a splendid and solid piece of equipment, but one usually intended for those territories where a special cooking rate is offered by lighting companies. Even enthusiasts for electric ranges do not recommend them in sparsely settled country districts where overhead electric service is subject to interruption in the thunderstorms of summer.

Turning from the problems of cooking to those of more general summer comfort, the electric fan naturally comes first to mind. Usually one or two small ones that can be moved about as needed will suffice for even a fairly large family; one very practical use for the fan is to cool off a room before a child is sent to it for a nap during the hot part of the day. At night a very small bedroom can be made comfortable if there is a good current of air moving through it. Similarly, an electric fan in a hot kitchen is a blessing undisguised. In both cases, however, the fan should be so placed that persons are not subjected to strong, direct drafts. When the fan is used in the kitchen it should be so placed that it does not blow directly on an electric cooking unit in action and thus slow down its heating powers.

It has also been found that an electric fan can be used to dry clothes that are damp after ironing, to ventilate and dry out the refrigerator after it has been cleaned, to air closets and wardrobes, and to dry damp clothing, shoes or even freshly painted articles. Frequently in summer the bulk of household linen is sent off to the laundry, the children are kept in play suits, and the amount of ironing is so reduced that a small iron is sufficient for the work, thus cutting outlay still further.

The immersion coil for shaving is another hot-weather help at small cost. With this at hand it is needless to start the general water-heater so early in the day or to keep it going late at night for the benefit of the man who wants piping hot water for shaving and wants it quickly. It may seem ridiculous to recommend portable radiant heaters for summer, but the fact remains that even then there are cold and rainy days when some sort of temporary warmth is welcome. The little radiant heater is especially handy for this sort of thing, since it can be moved from room to room, and is the safest kind of heat where there are children.

GREATEST of all electrical assistants for summer housekeeping is the electric refrigerator, which keeps food fine and fresh regardless of the temperature without, and provides an easy method of making sherbets, mousses and kindred delicacies. Mechanical refrigeration by gas is equally effective and equally saving in labor, but its use is, of course, restricted to territories in which gas service is available. Again, mechanical refrigeration, whether by electricity or gas, is one of the blessings of permanent residence, and is not likely to be found in the rented cottage or summer bungalow. Where such provisions are out of the question, and where frozen desserts are very popular with the family, it would be well to inquire into the possibilities of an electric ice-cream freezer.

It is thoroughly apparent that the present stage of the manufacturer's art has produced a fairly long list of mechanical assistants for summer comfort. Naturally, the writer is not recommending the purchase of all these articles by any one reader, or of any single article by all readers. But it is suggested that any home manager, whose housekeeping burdens multiply in hot weather, can study the list of devices here mentioned and from among them select those best suited to give her aid and comfort. What do you need?

| | *Price, Low* | *High* |
|---|---|---|
| Cooker or "Fireless" | $10.00 | $27.50 |
| Disc Stoves | 6.50 | 9.00 |
| Grill | 7.50 | 16.50 |
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BABY powders are different—largely because of the difference in *talcs*. The costly Italian talc used in Johnson's Baby Powder is made up of soft, tiny flakes—but the cheaper talc used for some baby powders contains sharp, *needle*-like particles! The trained observer readily sees this difference under a microscope, and you can feel it yourself, this way . . .

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Johnson's Baby Powder contains *no* stearate of zinc.

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It comes from a soap laboratory of international importance. Its name is Stork Soap. It is one of the few soaps in the world that is made from virgin olive and vegetable oils, then superfatted—and that is CERTIFIED as such. Thus it is gentle beyond words.

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STORK SOAP *Certified*

SEND ME FREE CAKE OF STORK


## Summer Sewing Makes Fall Frocks

(*Continued from page 27*)

need to interline for early wearing and both brother and sister may wear such a coat since it is smart to dress children in matching costumes. No. 5809 is a striking example of this mode.

Plain cashmere in a delicate shade of blue is fashioned with a double tunic, scalloped. The round roll collar and cuffs are of white silk piqué and the dress may be washed with a good wool soap. No. 5794.

A fabric that is of great interest because of its washability is the basket weave that has a combination of yarns such as cotton and wool. There is little shrinkage and in the plaid designs that are fast to washing it is most practical for school frocks. The box pleats in the skirt lead to pockets neatly finished with silk broadcloth. The blouse is made in a simulated eton style and the silk broadcloth is employed for the collar and vestee. No. 5663.

The ensemble mode is as important for the young girl as it is for her mother. A woolen coat combined with a silk frock, or a heavier wool for the coat and wool georgette for the frock are preferred combinations for fall days. Two shades of one color or even a direct contrast such as brown with green is smart. The coat may be unlined or lined according to taste. No. 5779.

Printed crêpe for the frock and plain crêpe for the yoke and bow, develop a lovely frock for the young girl of sixteen. The circular skirt is attached to a yoke and the waist is almost at the normal line. A leather belt gives an interesting contrasting note. No. 5764.

Plaid and yet more plaids, whether of wool, cotton or rayon, are lovely for the school dress. Those that are diagonally planned are perhaps more fashionable than those that are straight. A plaid gingham gains distinction from a batiste vest, collar and cuffs. The short sleeve is suitable for early wearing and the basque is attached to a simple gathered skirt. No. 5652.

A party frock is a necessity in these days of juvenile entertaining. Flowered chiffon, cotton voile or other sheer fabrics, are all lovely for such an important dress. The deep cape collar is particularly becoming and the girdle youthful. The cape may be bound with narrow bias bindings or picoted. Ribbon ties for belt and the collar bow are new and different. No. 5772.

5809 5794 5663 5779 5764 5652 5772

*Back views of designs on page 27*

# Pointers for Parents

## *Practical Suggestions Submitted by Readers*

I HAVE FOUND THAT when taking a long train trip the children don't get half as tired, especially in hot weather, if I wash their faces and hands often. I take on the trip half a dozen pieces of soft muslin or cheesecloth which have been wet and rubbed lightly with castile soap, each piece wrapped in waxed paper and then discarded after use. Also, a fresh suit to slip on just before arriving at the destination helps things a bit if friends are seeing the children for the first time.—*Mrs. D. K., Andover, Mass.*

### His Very Own Picnic

WHEN SUMMER COMES my family all enjoy going out in the evening for a swim, and a picnic lunch afterwards. My three-year-old son, however, presented a difficulty, for he seemed to feel that the freedom of a picnic supper should entitle him to liberties in food that he would not have expected at home. I solved this problem by buying a small lunch basket, in which I packed just the things I wanted my son to have for his meal. He was so happy in the possession of his own basket that he was quite content to eat whatever it contained, regardless of what the rest of us ate.—*Mrs. R. L. W., Cleburne, Tex.*

### Quick Identification

IF YOU HAVE SEVERAL children whose clothing is hard to distinguish, try marking their various belongings with fast-color embroidery cotton, using a different color for each child, and sewing not merely a cross but a whole row of stitches around the top of a stocking, across one end of a bath towel, or along the top of the drop seats of union suits or night drawers. You can also use the same color on each child's scissors, and tied through the eyelet on his toothbrush. It takes the minimum of time to mark clothing in this way. And when the clothes are passed down to the next in size, it takes but a few minutes to rip out the old thread and put the new color in its place. With this type of marking, laundry may be sorted more easily, for the distinctive line of color shows up at a glance.—*Mrs. H. L. S., Alfred, N. Y.*

### For the Camp Trunk

MY BOY'S WARDROBE was quite sketchy when he returned from camp last summer. Some articles, of course, had worn out, but others had been lost or left behind when he packed his trunk to come home.

"Give me a list of the stuff you put in, Mother," was his own suggestion this year, "so I can check up when I pack to come home."

So I typed a list of the articles (keeping a carbon copy for future reference), and pasted it on the inside lid of the trunk. When I unpacked the trunk this fall very few things had been forgotten. The list will help also in planning his camp wardrobe for next year. This suggestion might also be useful when the youngster goes off to boarding school or college.—*Mrs. W. H. B., Brooklyn, N. Y.*

### Economical Sun Suits

I HAVE JUST FINISHED some very practical and economical sun suits for my two little girls. I cut "shorts" from blue denim, using the new short French pantie pattern. Straps crossing in back were fastened to the panties. A five-cent dishcloth made a vest between the straps in the front of the suit. My children feel dressed enough to avoid embarrassment in these suits and the sun gets in its good work.—*Mrs. J. D. H., Lincoln, Nebr.*

### The First Spoonful

BILLY IS NOW thirteen months old. At one year of age he almost insisted upon feeding himself. This would have been a rather slow process for me to endure, but as I did want him to learn to feed himself, I tried giving him his own baby spoon and dish with just a little of the food in it. He takes one spoonful and while he is managing to get more food on the spoon I slip a spoonful into his mouth from the full dish. I found that in this way he was learning to use his spoon well, and that he was also eating much more food than he did when I was doing it all. In one month he has learned to handle his spoon better than some children do at two years when they have not been allowed to try it at an earlier age.—*Mrs. W. F. M., Chicago, Ill.*

### Shoes Dried in a Jiffy

IN SPITE OF ALL WARNINGS children love to walk or wade through puddles with their shoes on. They often get them wet, also, when caught in the rain. A lighted electric bulb inserted in a shoe for a few minutes will dry it without wrinkling. Care should be taken that it does not burn the lining, which it will do if the bulb is left in too long.—*M. Z., Kansas City, Mo.*

*If you have practical suggestions that would be helpful to others, tell them to us briefly. For every suggestion accepted one dollar will be paid on publication. Unaccepted contributions to this department will not be returned. Address Managing Editor,* THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y.*

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PERHAPS there might never have been a "Comfy-Safe" Auto Seat if it hadn't been for one baby's daddy wishing to take baby to grandmother's at a time when no one could conveniently accompany them.

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Now, with the "Comfy-Safe" locked to the auto, and baby securely but comfortably held in its specially designed safety strap with adjustable shoulder harness and belt, baby can be taken safely in any car, even when unattended.

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*Write for more information!*

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*Gertrude A. Muller, Pres.*

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## Bigger and Better Families

(*Continued from page 22*)

hurting himself in his play. They taught him to be obedient, to be moral—for the baby is unmoral when he is born. Thus by the use of force he was made into a strong, healthy, happy child, a force so gilded by love that it was for the most part not obvious to him. The person who recalls this parental love with its qualities of eternity, fidelity and force wishes to recreate it in his own life to take the place of the painful uncertainty of glamorous love. This wish finds its fulfilment in children. In having children, then, the parents are going back to their own childhood in search of the parental love which they recall with such comfort.

THUS it comes about that children help to stabilize marriage, that the couples who have children are much more apt to stay together than those who have none. Married people without children do not always feel the economic necessity and responsibility of keeping the family together. The family as a unit loses its solidarity because of a lack of children. There are no outside pressures to keep the family together. Social usage does not frown upon divorce as it once did. Neither does it make much difference to the world if the wife or husband decides to take a lover for a time. St. Paul called marriage sacred and to the church the institution was a sacrament. But the force of religion, like the force of social convention, is weakened today and has small influence on marriage. The one force which seems able to hold it stable is children in the home.

I have in my own family a powerful example of how children can become the main motive force of the parents' life. My father, who lived in Austria, had seven children. The oldest son ran away from home forty years ago and the family, not hearing from him for so long a time, thought that he had died. The rest of us had grown up, made successes of our lives as doctors, bankers, lawyers. But though we had married there are few children in our various families. We live the lives of modern people. When I came to America recently, I learned one day that there was a man in the lobby of my hotel who wished to see me. It was my brother, sixty years old, whom, after all these years, I met face to face. We visited. I was invited to his home to dinner. There I found six children seated about the table—healthy, happy, obedient youngsters. I found too that my brother's whole life was wrapped up in them. They were taught to obey in the good old family style. There was a strong family feeling among them. Although in prosperous America my brother's business is a small one, he has his satisfaction in his family. Coming alone to a strange country, he had reinforced himself by building up a family life in the old tradition. And he is more contented, I believe, than the rest of us who are fairly successful according to the world's standard and have not so many children and conse-


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Devoted exclusively to the care of infants and young children, with informative and helpful articles by leading specialists in medicine, infant feeding, children's clothing, child psychology and general nursery topics. Of deep interest to mothers. Semi-scientific, popular, unique. Sample copy free.

**The Mothers' Journal, 55 W. 42nd St., N. Y.**

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quently not such a strong sense of the family relationship.

The crisis in the family today—and everyone will undoubtedly admit that there is a crisis—comes from the weakness of the influences which used to hold the institution together. As has been said the power of religion is lessened. Law and society are far more indulgent than they used to be. Married people do largely as they want to with no force on the outside to protect marriage. This freedom to do as one pleases is felt more strongly if there are no children. Where there are children parents do not want them to gain the sense of discord in the home, and make an effort to accommodate their differences. Also there is the economic necessity of working together to take care of the young ones. Many a family is kept together solely because of the children.

Since the outward forces which used to protect marriage and the family are weakened, what cultural force is going to keep them intact? Or are they going to die out? While the answer to these questions lies properly in the field of sociology, one may conjecture a reply. The family is not going to perish. Its biological principle is much too strong for that. The transition period through which we are going is like a volcanic eruption. For a time it is highly destructive, yet later the smoke and ashes will disappear, allowing normal growth to continue after the air is cleared. Customs to which we have grown familiar will change again.

I BELIEVE women now try to make themselves attractive by being childlike instead of having children. They wear bobbed hair, simple childish clothes, give their faces the appearance of the red and white of childhood. This is an error of judgment. They are not children. One day therefore the fashion will change. Instead of trying to be children they will decide to have children, three or four or five in one family. This is a possibility and as I see it, the only one which will safeguard the future of the family. If you propose this to the young married people of today they say, "Oh, but we want to have a good time. Children will interfere with our lives." There is an answer to that desire too. Young married people can enjoy their life together without children until they are thirty or more years old. Our increased understanding of the laws governing health and life teach us how to prolong youth and make this possible. After that they can have just as good a time—and better—bringing up a family. Child rearing is made simpler and more interesting today by the scientific study given to it. Camps in the summer, community playgrounds in the winter, suggestions from various well equipped child organizations all come as aids to parents. Good times between parents and children can go on, and a stronger sense of family life than now exists will be established. In this progressive step, in larger family groups evolving healthily and happily lies the continuation of the family as an institution.


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## A BETTER CHANCE
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*All advertisements conform to standards on page 55.*

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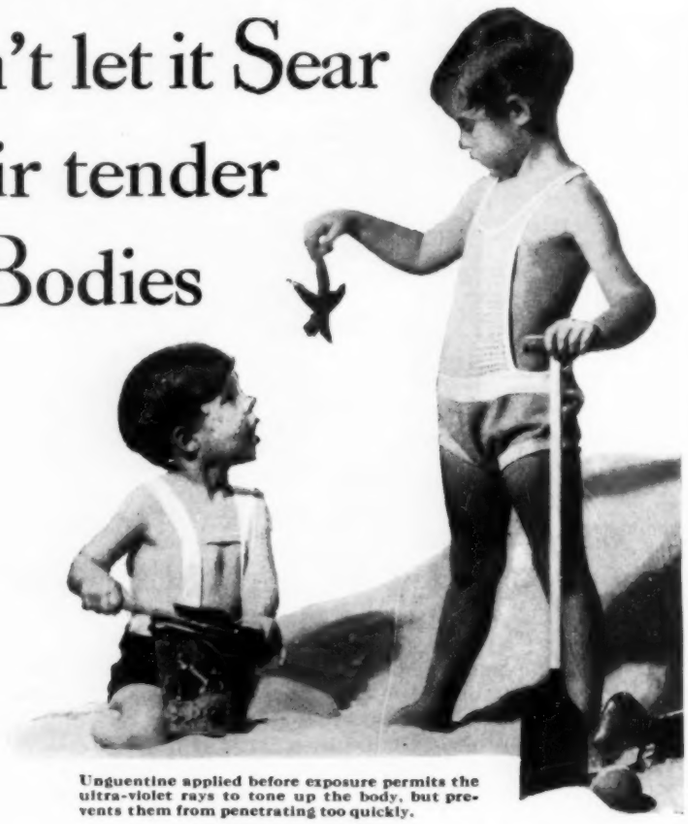

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WHAT treasures they discover on the beach! Pink starfish, wonderful polished pebbles, glistening white sand for building castles!

Dress your youngsters in their sun suits and keep them out in the sun this summer. Sunlight is the best medicine. Your own doctor will tell you this. But don't neglect the warning which your doctor will also give you against excessive sunburn. Sunburn carries exactly the same dangers as other burns. It kills the living cells on the surface of the skin, sets poisons free to go through your system, causing fever, weakness, extreme nervousness.

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# Unguentine

UNGUENTINE SOAP, bland and pure, is the perfect soap for tender, sunburned skin. And because of its Unguentine content it rapidly clears up blemishes.


## Should We Hand-pick Our Children's Friends?

(*Continued from page* 17)

Such an environment should exist in the home. Despite the reams that have been written on the decline of home life, I have observed that in homes where the ginger-ale is always on ice, the living-room inviting, the victrola records up to date, and where parents know how to be hospitable without intruding, young people come and cluster. We stress the home as the laboratory for friendships because here parents see their children's acquaintances in free and easy fashion, and are able to do what little can or should be done to help their children select worth-while friends.

But suppose the children are older, in their teens, and that they do not wish to stay at home? Suppose, as in the case of young Jim, who was led out of his quiet path by what his parents called "bad company," it appears important to break off the relationship, the question arises as to how this can be done. Jim is no baby; it is no use forbidding him to see his new friends, for that is the surest way to send him to them.

THERE is no pill for perplexed parents that cures this particular situation. Sometimes it helps to try to influence Jim through someone whose opinion he respects, preferably a friend of his own, who might convince him, in the mysterious code language of the youth of today, that he really is making an unmitigated fool of himself. If Jim's health is suffering, the family physician may be called in to prescribe early hours or a change. Or an undesirable friend may be invited to the home repeatedly, preferably with others, in the hope that by comparison he will show himself unworthy. Or—and this is most difficult—the situation may be accepted as perfectly natural. Jim may be jollied good-naturedly about his new circle of acquaintances; he may even be told that the family rather approve of his knowing them as a bit of education. This will be a blow to him and will considerably dull the edge of his zest in doing what he knows to be against his training, his nature and his family's wishes. The minute he feels himself to be, not a weighty problem, but rather a foolish young man demonstrating by his foolishness how callow and youthful he really is, his balloon is pricked, and the tendency is for the new friends to fade out of the picture.

In friendships, as in everything else, children continually go through phases. They may like only clever companions for a while, then they may prefer those interested in good works. This phase may be followed by a period when only beauty interests them; then it may be, possibly, they will elect as friends only those who are interested in the great outdoors. They will slough off one set of friends after another, as they go through these phases, before they settle down to enduring friendships. It behooves parents not to take their phases too seriously, to be patient and give them time to work out their own salvation.

# Books for Boys and Girls

By Alice Dalgliesh

*Teacher of Story Telling for Children, Teachers College, Columbia University*

THIS is a season of the year when few, if any, new books for children are published. It is the time when we look back over the year's publications to see which books are likely to be permanent additions to literature for children. The Newbery medal has been awarded to "The Trumpeter of Krakow," by Eric P. Kelly, published by Macmillan. Each year this medal is awarded to the book selected by a committee of librarians as "the most distinguished contribution to literature for children in America." The medal bears the name of John Newbery, a London publisher, who did much to improve the quality of children's books during the eighteenth century. One of Newbery's great contributions was his realization that books for children should be attractive in appearance. The little volumes sold in his Juvenile Bookshop had gaily-flowered paper covers and woodcuts colored by hand.

The Newbery medal is almost invariably awarded to a book for older boys and girls. Books for younger children seem worthy of more attention than they receive, but unfortunately few of these can be classed as "distinguished." Along with the year's winner we list a few worth-while "younger" books.

*"The Trumpeter of Krakow," by Eric P. Kelly. Published by Macmillan. Adjudged the best book of the year for children.*

### *Outstanding Books of 1928-29*

The Trumpeter of Krakow, by Eric P. Kelly. *Macmillan.* $2.50.

A fine and dignified story of medieval Poland. The Tarnov crystal brings misfortune to all who own it. Interesting illustrations. (Ages 10 and over.)

Millions of Cats, by Wanda Gag. *Coward, McCann.* $1.25.

Since this picture-story book appeared we have read it over and over again to appreciative groups of five-year-olds. It is a delightful, nonsensical tale about an old man who started out to look for a cat for his wife and who came home with "hundreds of cats, thousands of cats, millions and billions and trillions of cats." The pictures are even funnier than the story. (Ages 4-6.)

Aunt Brown, Aunt Green and Aunt Lavender, by Elsa Beskow. *Harpers.* $2.

A lovely picture-story translated from the Swedish. Elsa Beskow has six children of her own, which is one reason why her books are so popular with children all over the world. This is a most amusing story about three crinoline-clad maiden aunts who lose their little dog Pet and have many adventures before Pet returns. Fascinating pictures in color. (Ages 5-7.)

The Whins on Knockattan, by Anne Casserly. *Harpers.* $1.50.

"When Paudeen reached the threshold of the door, he stood still with astonishment. There in his grandmother's own chair sat a big brown cow, making herself quite at home. She had piled up the fire with turf and had put on a pot of potatoes."

This is one of the most entertaining incidents in this very entertaining book of Irish fairy tales. Children love them and they are good for reading aloud. (Ages 5-7.)

### *Interesting New Books*

Realms of Gold in Children's Books, by Bertha E. Mahoney and Elinor Whitney. *Doubleday, Doran.* $5.00.

This is the most inclusive reference book on children's literature that has been published and it should prove invaluable to parents and teachers. The compilers are members of the staff of the Bookshop for Boys and Girls in Boston and know a great deal about children's books. The volume includes reviews of about three thousand books, as well as much information about authors and artists. Some of the chapter titles are: Books for the Nursery; Miracles of Nature; Roads to the Past; The Making of Personality.

Prince Bantam, by May McNeer and Lynd Ward. *Macmillan.* $2.50.

"This is the story mothers of Japan tell their children; of the beginnings of the world and of how those beautiful isles of Nippon, the land of the Rising Sun, came into being. Legends of old Japan giving the story of the Great Prince of Japan and his favorite henchman, the Giant Benkei." A thrilling book, full of action and beautiful and dignified in format.

(*Turn to next page*)

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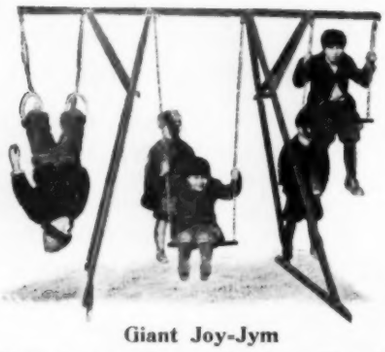

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Giant Playground Apparatus answers the question of how to keep the youngsters off the streets without making them feel that they *"never have any fun."*

A complete line of Giant Apparatus gives the kiddies natural and healthful exercise that builds sturdy youth. There are many different combinations, strongly constructed of steel or hardwood, securely bolted together.

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No. 608

**$3 to $6**

Write to Dept. N for style booklet and name of nearest dealer.

***Remain Beautiful***

**A youthful foot must have shoes that combine smart style and comfort every hour of the day. From pantry to party these furnish seven famous style and comfort features . . . Arch-supporting and made of genuine Ruby Brand Glacé Kidskin from John R. Evans & Co., of Camden, N. J., these shoes were first to achieve glove-like fitting in all styles and sizes by the new Co-ordinated Lasts and Patterns. Dainty boudoir slippers, too.**

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Play material for children from 4 to 10; to occupy heads and hands. Fine for a rainy day at camp or at home. $1, $2, and $3 packages. Send child's age, sex, and school grade.
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**INFANT WEAR CO., DEPT. 315, PERRY, N. Y.**


## Books for Boys and Girls

(*Continued from page* 47)

NANETTE OF THE WOODEN SHOES. Written and illustrated by Esther Brann. *Macmillan.* $2.

Nanette is a little girl of Brittany who lived with Grandmère and the chickens at the lowest end of Geranium Lane. "It was called Geranium Lane because each little stone house had pink geraniums growing out in front. Nanette's house had pink geraniums on the window-sill, too—and a downy yellow canary that sang lustily all day from his cage beside the door, so it was the gayest little house on the street." A charming book to read aloud, with most attractive pictures. (Ages 6-8.)

THE BOX BOOK, by Hazel Showalter. *Macmillan.* $2.

A new title in the Macmillan "Work and Play" series. This book tells how to make dozens and dozens of interesting things from boxes of all shapes and sizes. We are quite sure that when this has been in the children's hands for a couple of weeks there will not be a box in the house that has not been transformed into something else! A good rainy-day book. (Ages 6-10.)

LIVING WILD, by Agnes Chowen. *Dutton.* $2.50.

Boys and girls and Indians move swiftly through these pages, for the scene is laid in Montana during pioneer days. Illustrations by Erick Berry help to make the book attractive. (8-12.)

MISS MUFFET'S CHRISTMAS PARTY, by Samuel Crothers. *Houghton, Mifflin.* $1.25.

This is by no means a new book, but it is a new issue in the original format of an old favorite which is celebrating its twenty-fifth birthday. Miss Muffet has a party to which many well-known characters from children's books are invited. (Ages 6-10.)

Among the "best illustrated" books of the year are:

THE BOY WHO WAS, by Grace Tabor Hallock. Illustrated by Harrie Wood. *Dutton.* $2.50.

The story of an Italian town through the centuries. (Ages 9 and over.)

THE WHITE CAT. Edited by Rachel Field and illustrated by Elizabeth MacKinstry. *Macmillan.* $3.

A collection of old French fairy tales with lovely illustrations. (Ages 8-12.)

### *Books on Camp Activities, Cooking, Woodcraft, Stories, Hiking, Nature-Study*

GAMES AND RECREATIONAL METHODS, by Chas. F. Smith. *Dodd, Mead.* $2.

THE BOOK OF WOODCRAFT, by Ernest Thompson-Seton. *Doubleday, Doran.* $2.

THE BOYS' BOOK OF CAMP FIRES, by Frank H. Cheley. *Wilde.* $2.50.

THE BOY SCOUT HANDBOOK. *Published by the Boy Scouts.* 50 cents.

CAMPWARD HO. *Published by the Girl Scouts.* 75 cents.

THE CAMP FIRE GIRLS' VACATION BOOK. *The Camp Fire Girls.* 50 cents.

HANDBOOK OF NATURE STUDY, by Anna Botsford Comstock. *Comstock Publishing Co.* $4.

# What School for Your Boy or Girl?

(*Continued from page 21*)

tickets, extra fees in connection with special subjects and personal allowance?

When you have answered all these questions, go carefully through the advertisements of schools in a magazine in which you have confidence, select those which may meet your needs and send for their catalogues. When these arrive, go over the material very carefully. Remember that it is not always possible to paint the whole picture of a school in a catalogue. But a very fair idea can be gained of schools in this way. When you have brought your choices down to a few, write to these schools and state when it will be convenient for you to visit them. Ask if, on the date you suggest, it will be possible to meet the director or principal. Advise the registrar, the person to whom you direct your letter, that you are selecting a school and that you feel a personal visit is essential to a wise choice.

Don't take a taxi to the school and try to complete your visit while it ticks. Plan to stay at least two hours. The school official who is your hostess will be glad to have you inspect with the utmost care the school's living arrangements.

WHAT are the essentials for which you should look? First of all, fresh air, comfortable, though not necessarily luxurious, living quarters and plenty of good, well-balanced food. Ask where the milk and water supply come from and be sure that they meet all requirements for purity. See the kitchen or kitchens, and ask whether fresh fruit and vegetables are plentifully supplied. More important, find out whether the menus are planned by some one who is capable of balancing proteins, fats, carbohydrates and mineral salts in the right proportion for growing boys and girls.

When inspecting the sleeping quarters, don't be disappointed if there is not a private bath with each room. If the school has a price scale and rooms without baths are less expensive, it may be very good preparation for Joan's subsequent marriage with penniless "Jimmy" for her to use a corridor bath and get a bit of schooling in consideration for others and in sharing. Rooms should be light, airy and large enough for comfort but do not insist that they be elaborately luxurious.

You should inquire about infirmary care and fire protection and see the facilities for each of these. Look over the athletic fields and gymnasium and discuss the school's rules concerning smoking, cosmetics, methods of discipline, refunds in cases of illness or withdrawal and visiting privileges. Ask for dress regulations and a list of needed equipment and talk over with the proper person the expense that can be estimated beforehand and an allowance for possible extras.

The examination of classroom equipment and work is equally important. Ask to see the classrooms. Are the seating arrangements comfortable? Is the ventilation good? Are they well lighted? Learn how many pupils constitute an average class. If you need special help regarding a class program or credits, ask to see the person who has the curriculum in charge. Try to meet the members of the faculty under whose care and training Joan or Peter is apt to be placed.

But perhaps you will say: I haven't the time for all this. Make the time. This measure you are about to decide is of more importance than any step in your child's life except marriage. By means of this first separation you are laying a foundation for your child's independent life as an adult. The influence of the school he attends during his adolescent years is far-reaching and fundamental.

All private schools are open for inspection during the summer months. A summer visit does not permit you to see the pupils, but it has its advantage because the school authorities can give you more time than when school is in session. If possible, both father and mother should inspect the prospective school. The modern father is both interested and intelligent in regard to his children's school experience. I remember a big, kindly Texan father, who said of his daughter, "I don't care so much what she learns if something in the life here makes her feel that she owes something to every person she knows. I guess I mean I want her to feel responsible." Another father, referring to his son, said, "He is crowdshy and self-depreciative, but possesses a simplicity that is rare. We want him to keep that and at the same time bolster up his sense of his own value. Until he learns to do that, he will not be aware that he is capable of giving happiness to others."

DECIDE upon the school in good time so that you will have a chance to arrange for all dentistry, vaccines, changes in glasses and physical examinations as well as for the necessary shopping for clothing and equipment. If uniforms are to be ordered, measurements must be taken and the order placed. When these are delivered to you, very frequently alterations must be made. A careful inventory should be taken of clothing on hand, decisions should be made as to purchases that will be attractive, durable and in keeping with regulations.

When all preparations are completed and the date of the school's opening arrives, allow your boy or girl to stand on his own feet. Let him go to the school alone. The tears of parting should be all dried when the student is received. The welcome which is prepared for him at the school combats his homesickness much more effectively if you are not waiting on the other end of a telephone at a near-by hotel.

(*Turn to next page*)


Clapp's
ORIGINAL APPROVED
BABY SOUP
AND
STRAINED
VEGETABLES

*The Badge of Health Foods*
In 4oz. Glass Jars
*For Growing Babies*

Prescribed by over 5000 specialists to supplement the milk diet, these foods save mothers 24 hours a week kitchen time. Cost less than if made at home. Ready to dilute, heat and serve. They keep indefinitely when sealed and are equally convenient to use at home or traveling.

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Clapp's BABY SOUP. An appetizing combination of Beef Juice, Vegetables and Cereals.

Clapp's WHEATHEART SOUP, a combination of Vegetables, Cereals, and the Wheat Germ which supplies Food Iron and VITAMINES A and E.

Clapp's STRAINED VEGETABLES. Spinach, Carrots, Asparagus, String Beans, Peas, Beets, Tomatoes, Prunes and Apricots. All are scientifically prepared from carefully selected materials, especially for growing babies, and are immensely liked by them.

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**Washproof Name Tapes**

Names or words in indelible letters on white tape.

For identifying laundry, clothing and household linens.
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# *Another* evening alone

AGAIN her husband had wanted her to go to the theatre with him. Again she had said she didn't feel like it. Gradually they were ceasing to be the companions they used to be. She was spending more and more evenings alone.

Was it his fault . . . or hers? Was his neglect of her a result of her neglect of *her own health?* Only too many women fail to understand the importance of safeguarding their health and their vitality by the correct practice of feminine hygiene.

Every woman should know the facts about this vital subject. Do not follow superstition and hearsay. Send the coupon below for our free booklet, "The Scientific Side of Health and Youth." Written for women by an eminent woman physician, it sets forth the facts frankly and simply, and gives explicit, professional rules.

But don't even wait for the booklet to arrive. Buy a bottle of "Lysol" Disinfectant today. For forty years it has been the unquestioned standard for this critical purpose. Follow the simple, explicit directions which come with every bottle.

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*Please send me, free, your booklet,* "The Scientific Side of Health and Youth."

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## What School for Your Boy or Girl?

(*Continued from page* 49)

Then when you receive word that your children have arrived safely, let them work out their own salvation in the new world they have to conquer. They will be understood. The women and men in the schools have dealt with thousands of young people. These teachers live by schedule but their minds and hearts work all day and in some cases most of the night for your children. It is their job and most of them prefer it to anything else.

A surprisingly large number of parents literally put their children in a school's lap and feel that their responsibility ends there. This is hardly fair. Few schools can take your child, make of him a wise, kindly and charming being as well as an intelligent citizen, without your help. But there are many schools which, given the intelligent, understanding co-operation of parents, will make an excellent job of it.

## Motion Pictures

(*Continued from page* 29)

humor. All talking. (U) *For A:* Mediocre. *For Y:* Dangerous. *For C:* No.

SCANDAL, with Laura LaPlante (*Universal*)—Decidedly above-average comedy of genuinely happy married life, clouded for a time by an old love-affair which threatens to wreck it. Notably acted by Laura LaPlante and Huntly Gordon. Thoroughly worth seeing. Part talking. (E) *For A:* Good. *For Y:* Good, though quite mature. *For C:* No.

SPITE MARRIAGE, with Buster Keaton (*M-G-M*)—More antics from Keaton as a tailor who worships a stage-star. When jilted by another, she marries him. Not one of his best. Sound effects. (E) *For A:* Passable. *For Y:* Amusing. *For C:* Doubtful.

STAIRS OF SAND, with Wallace Beery (*Paramount*)—A Western adapted from a Zane Grey novel in which the "good bad man" helps the lovers to happiness. The moral would probably be apparent to intelligent adolescents. Silent. (U) *For A:* Hardly. *For Y:* Amusing. *For C:* No.

TRIAL MARRIAGE, with Norman Kerry (*Columbia*)—Two couples interchange spouses, redivorce and re-marry. Thoroughly unconventional story but not vulgar. Half of it is convincing and interesting. Silent. (E) *For A:* Fair. *For Y:* Doubtful. *For C:* No.

THE TIDE OF EMPIRE, with Renee Adoree (*Metro-Goldwyn-Mayer*)—A rather vivid portrayal of California in gold-rush days, showing the passing of Spaniards and the coming of Americans. Some historical value and striking photography. Marred by some absurdities, by considerable drinking and wholesale hanging, though details are not shown. Silent. (E) *For A:* Rather good. *For Y:* Interesting. *For C:* Doubtful.

THUNDERBOLT, with George Bancroft (*Paramount*)—Another gangster story which is very skilfully handled and grips the interest but which is not suitable for immature audiences. All talking. (U) *For A:* Good of its kind. *For Y:* No. *For C:* No.

TRENT'S LAST CASE, with Raymond Griffith (*Fox*)—Stupid use of the talented Raymond Griffith as a burlesque-detective who glibly solves a suicide as a murder-mystery in various ways and then quits his profession. Amusing in spots. Sound only. (E) *For A:* Mediocre. *For Y:* Harmless. *For C:* No.

THE WHEEL OF LIFE, with Richard Dix (*Paramount*)—A picture of indifferent interest in which the convenient death of the husband solves the problem of the love triangle; guaranteed not to greatly stimulate either adult or adolescent. All talking. (U) (E) *For A:* Passable. *For Y:* Not recommended. *Not C:* Too mature.

WHERE EAST IS EAST, with Lon Chaney (*Metro-Goldwyn-Mayer*)—Gripping picture of Oriental atmosphere—but not so marred by "tough" or "grotesque" effects as most recent Chaney films. Relations between tiger-hunting father and daughter (Lupe Velez) quite appealing, and Estelle Taylor as the wanton outcast-mother quite repulsive. Sound only. (E) *For A:* Good of its kind. *For Y:* Doubtful. *For C:* No.

THE WINGED HORSEMAN, with Hoot Gibson (*Universal*)—Artificial Western concocted to bring in Ruth Elder and airplane stuff. Somewhat original and amusing. Silent. (E) *For A:* Passable. *For Y:* Fair. *For C:* Passable.

# Books for Parents

**The Young Child,** by Bird T. Baldwin. No. 38 of the "Reading with a Purpose Series," published by the *American Library Association.* Fifty cents.

No more succinct presentation of facts and philosophies concerning the pre-school child has been published than one of the newer volumes in the "Reading with a Purpose Series" of the American Library Association, entitled "The Young Child." This series, a contribution to adult education, aims to give, in compact form, first an introduction to a subject and then to lead the reader to a further pursuit of that subject by a tempting presentation of a few chosen books.

Bird T. Baldwin, the author, was one of the pioneers in exploring what was once called "the waste lands of childhood"—the pre-school years, between infancy and the first grade. In the Child Welfare Research Station, which he organized at the University of Iowa, he opened new fields of study and knowledge and gave the first impetus to the parental education movement. Death claimed him all too soon, and deprived the parents and children of this nation of one of their best friends and champions. His last written word was this little book in which he seems to have epitomized the results, intellectual and philosophic, of his many years of study of children.

The six books he includes in his study course are: "From Infancy to Childhood," by Richard M. Smith; "The Health of the Runabout Child," by William Palmer Lucas; "Permanent Play Materials for Young Children," by Charlotte G. Garrison; "A Practical Psychology of Babyhood," by Jessie Chase Fenton; "Everyday Problems of the Everyday Child," by Douglas A. Thom, and "Guidance of Childhood and Youth," edited by the Child Study Association. These are supplemented by briefer reviews of a dozen more and a wealth of miscellaneous information to aid the parent who is in serious pursuit of knowledge about his child.—*Reviewed by Eva v B. Hansl.*

**Youth in a World of Men,** by Marietta Johnson. *John Day.* $2.50.

This first book by a well-known educator and lecturer will interest not only the group of people that has followed Mrs. Johnson's experiments in education, but the parent who is concerned with the improvement of the school system. The main theme running throughout the book is a plea for adults to realize that the child should be handled and trained as a child and not as a miniature adult. He should be judged in relation to his own, not the adult, world. Although this book reads somewhat like lecture notes, the ideas are suggestive and stimulating. From its pages parents may gain new inspiration, for Mrs. Johnson has much faith in the improvement of conditions for children. "Since man is creative he should be able not only to mold materials around him to his thoughts," she says, "but should be able to co-operate with his fellows in creating a better world." Surely the first person to feel the result of a better world will be the child. —*Reviewed by Margaret H. Speer.*

**These Are My Jewels,** by L. B. Campbell. *Norton.* $2.00.

Here is the stark narrative of a mother who equipped her children carefully for life and then as carefully tried to keep them from experiencing it. It is the old story of the kind of mother-love which dominates and dwarfs rather than nurtures growth and fulfillment in children. Mrs. Masterson was so conscientious, so self-deceived that she did not realize that, by her selfishness, she was thwarting her daughter Violet's whole marital relation, breaking up her son Harry's home, and driving her favorite son Jim to definite secrecy and alienation up to the time of his death in the war. Her grieved surprise at the stubborn refusal of Maurine, the youngest member of the family, to fall into the family pattern set for her, is the logical result of her obtuseness. The final scene of the story in which as a Gold Star Mother (one who had been bereft by the war) Mrs. Masterson is to make the speech dedicating the Taylorsville Memorial Stadium, gives the needed touch of irony to complete this bleak history.

By her terse handling of the story, Miss Campbell has added to its realism. Even if it lacks dramatic intensity and imaginative poignancy it has a note of authenticity which causes the reader to say, "This woman knows her subject." Any mother who reads "These Are My Jewels" will be prone to ask herself, "Am I a dominating person who unwittingly is warping my child's life? If so, may I this day change my ways?"

**Difficulties in Child Development,** by Mary Chadwick. *John Day.* $4.00.

This interesting book by an English psychoanalyst deals with the normal child and his confusion in adjusting himself to the world. No one can read its pages without acquiring a richer and deeper insight into childhood.

## Any Book by Mail Postpaid

*Our librarian will be glad to order and mail to you any book published in the United States. Checks or money orders to cover the regular retail price must accompany orders. The books will be mailed postpaid to any address in the United States or Canada. If the price of the book is unknown, send* $3.00 *and we will remit the change. If* $3.00 *is not sufficient, we will advise you. Address Librarian* THE PARENTS' MAGAZINE, *255 Fourth Ave., New York, N. Y.*

HERE'S a new way to warm baby's bottle without even getting out of bed. No more chilly trips downstairs. Just set the little Sterno Stove, a warming pan and the bottle on a handy table ready for instant use at any time. No gas or electricity needed. Heat is supplied by Sterno Canned Heat—the safety fuel—burns solid—no smoke, sparks or cinders.

Sterno folding portable stove is just the thing for trips and picnics, too. It boils, broils, heats, fries. Cooks delicious dishes. Makes savory coffee—tempting toast. Heats curling irons, flat irons and has hundreds of other uses.

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Gentlemen: I enclose 10c for Special Sterno Stove and new Cook Book.
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SIMMONS
*Cribs*

Scientifically perfect for baby's sound healthful sleep . . . Come to you hygienically clean and safe in sealed cartons, springs included. $12.50 to $40. Beautyrest Mattress to order.

*Keeps little spines strong and straight*




*All advertisements conform to standards on page 55.*

# Mom~ Here's that Blue Moon TEETER-TOTTER!

Sturdy, strong and durable. Highly finished in bright colors. To assemble, simply tighten four nuts. Easily portable indoors or outdoors.

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HAPPY, carefree, healthy youngsters want a BLUE MOON of their own. It's lots of fun, ideal exercise for young muscles, makes red cheeks redder and adds a sparkle to laughing eyes. Use it anywhere, indoors or outdoors—won't damage the lawn, rugs or floors. The proud little owner stays close to his home—no running off to play at the neighbors'. The child with a BLUE MOON is always the host.

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Never before have you been able to buy a Teeter-Totter at such a low price. But now—simply by ordering direct from the manufacturer—you can get a BLUE MOON for $5.50, plus nominal transportation charges, saving from three to ten dollars. Remember, you are protected by a Money-Back Guarantee. If you are not fully satisfied, just send it back and your money will be refunded immediately.

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The best months for BLUE MOON fun are here. Enter your order immediately. Check the color desired. Send check or money-order; or, if you prefer, send no money now and pay the expressman $5.50, plus a few cents express charge. Use coupon below Today—NOW!

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☐ Enclosed is a ☐ check, ☐ money-order for $5.50.
☐ I am sending no money, I will pay the expressman $5.50 plus nominal express charge.
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# HOME MOVIES

By JOHN BEARDSLEE CARRIGAN
*Amateur Cinema League, Inc.*

## How to Edit Your Films

WHAT an exciting moment it is for the whole family when the first reel of your own motion pictures comes back from the processing station all ready to run in your home projector! And what amateur can resist having that first home movie show immediately? Curtains down, if it is daytime; lights out, if it is evening; you snap on the projector and there are all the members of the family circle smiling and laughing at you from the screen. Or, perhaps, the baby is crying in that whole-hearted way of his. You will be a rare amateur if you do not run the film again and again on the first exciting day.

The next time that you put on the film your enthusiasm will have cooled somewhat. You will begin to realize that all is not as perfect as it might be. Perhaps the shot you made of the children's fox terrier was out of focus and he looks more like a fuzzy chow. Then there may be a scene of Grandmother, made in the shadows of the porch and over-exposed until all that shows is a white lace frill. There are a lot of things which can happen to mar the perfection of a film.

Now what is the best thing to do? By all means secure a splicing outfit of some kind (there are many available) and cut out all of the offending portions of your film. This is one of the hardest tasks which a beginner can attempt, it is true, for each foot of film seems priceless, but if any are not good out they should come for the sake of all those who will view your pictures. Later, when your film library has grown, you may wish to combine various scenes from different reels. Perhaps you will wish to put all of your travel pictures together. It may be more interesting to assemble all of your animal shots, etc. Then, of course, if you are keeping a chronological record of the children's growth, each new scene will have to be added to that reel.

The first time you show your initial reel to visitors you will discover that you have to give a running monologue to identify the people and scenes for your audience. Then you will sit down some evening and write a set of titles which will tell the story on the film itself. You can either have these made very inexpensively, or you can make them yourself. When they are done, out comes the splicing board again and you will insert them at the proper places.

By this time you are a film cutter of experience and know that an edited film is many times more interesting and valuable than its crude, untitled cousins.


*The Children's Sole that Saves the Budget*

## DU-FLEX BUNNY GRISTLE SOLES

Tough enough for childhood's ruthless abuse. Light and flexible enough for childhood's sensitive feet. A sole that protects the foot and at the same time permits every muscle of the growing foot to come into play without interference.

A patented, durable, waterproof material—comfortable—easy. Insist on Du-Flex patented Gristle Soles on your child's play or street shoes and be sure that you are giving his feet the chance they deserve.

*On good shoes the country over*
*Also styles for men's and women's shoes*

**SOMETHING FOR THE CHILDREN**

**FREE** Du-Flex Animated Movie. Send now for this fun-making novelty, absolutely free. Anyone can operate. Fun, laughter, amusement. Send for yours now.

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**Dept. 4** **Avon, Mass.**

## CASH'S NAMES

***A School and Traveling Need.*** **Away from home CASH'S NAMES become doubly valuable. They identify clothing and the owner as well. They save laundry losses, prevent arguments as to ownership, and mark one's individuality. CASH'S NAMES are neat, easy to apply, permanent, economical. See that all the children's clothes are marked before school time.** ***Order from your dealer or write***

***Trial Offer***
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# Family Fun

## *Things for Parents and Children to Do Together*

A FAMILY I know has started a filing system for good ideas for games and recreations. The father, an engineer, reasoned that much information coming into the home was lost because there was no orderly way to preserve it. If they did try to save it, the article in question often could not be located when it was needed.

The older boy, twelve years old, made a cabinet of one-half-inch lumber. The inside dimensions were twelve and one-half inches wide, nine and one-half inches deep and twenty-four inches long. The cabinet was provided with a cover, hinged at the side. The lumber was thoroughly seasoned to prevent warping and the cabinet was stained dark oak.

Manila envelopes, nine by twelve inches, were bought by the hundred, as they were much cheaper that way. The envelopes had end clasps which the children fastened. Then they cut the envelopes along the top, which makes it easy to slip material into the containers without removing them from the file.

Such a variety of material as goes into that file, collected and assembled by the four children, and by the parents, too! The five-year-old girl has an envelope entitled *Pictures to Color* and another, *Pictures to Paste*, also *Paper Dolls*. The ten-year-old sister has envelopes for *4 H Club Work, Funny Stories, Recipes* (for very young cooks), *Games*, and so forth. Envelopes on *Games, Parties, Christmas and Holiday Suggestions* and *Puzzles* are used by all the family.

The boy of eight is proud of a great deal of material he has collected on the making and flying of *Kites*. Another envelope he calls *Things to Do*. The older boy has reserved a place for *Rabbits*, his particular hobby. Into that envelope goes all the material he can find on their care, as well as clippings on the profit to be derived from rabbit raising. He has envelopes for *Stamp Collections, Manual Training* and *Boy Scout Membership*.

Each child is held responsible for keeping his or her own envelopes in proper alphabetical order, the subject being written at the top of the envelope, plainly visible in running through the files. A little supervision on the part of the mother keeps the files up-to-date and orderly.—*Mrs. E. M. H., Miami, Florida.*

### *Games for Everyone*

MICKEY IS MIXED—Mickey stands in the center of the circle of seated players. Pointing to one of his own members, for instance his eye, he says incorrectly, "This is my toe." Then pointing to one of the group, he counts to ten, during which time that person must point to his own toe and say, "This is my eye." If the player fails to reverse the statement correctly in the given time, he becomes Mickey.

THE KING'S BANQUET—Choose sides. The captain on one side names some article of food which was served at the King's banquet, as "mutton." Then, while he is counting to ten, the captain opposite must name another food beginning with the last letter of "mutton," as "nuts." Player number two on the first side adds "soup," while ten is being counted by the one who said "nuts." If a player fails to do this he must go to the opposite side. The side having the most players at the end of a given time, wins.—*Mrs. W. H. N., York, Nebraska.*

PEBBLE POT—A circle about fifteen inches in diameter is marked on the ground or floor. This represents the pebble pot. The players are divided into two groups of equal size. The group members stand in a single file, in such a way that the two groups face each other and also the pebble pot. A goal line is marked for each group about twelve feet back from the pot. The leader of each group then places his toes on the goal line. One of the leaders is given six smooth, round pebbles; the other, six marbles or other small objects suitable for throwing.

At a given signal both leaders throw the things given them, one by one, trying to get as many as possible into the pebble pot. An appointed scorekeeper keeps track of the number from each side which go into the pot. As soon as either of the leaders has finished throwing, he rushes to the pot, and picks up his articles. He then runs to the rear of his group line and gives the pebbles or marbles to the one in front of him. This player must pass them to the one in front of him and so on till they reach the first person in line, who should have moved up to the goal line.

As soon as the first player in line on either side gets the articles, he throws them and proceeds as the first player did. Thus the game goes merrily on, simultaneously on both sides. As soon as all the members on one side have thrown, the game stops. The side scoring the higher number of pebbles in the pot, wins. Accuracy as well as speed helps to determine the winning side.—*A. C. H., York, Pa.*

*Tell us how your family has fun together. We will pay $1 for each contribution published. Address Editor,* THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y.*


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Won't break in cooling

DOCTORS URGE the use of Pyrex Nursing Bottles because of their absolute safety in sterilizing and in quick changes from hot to cold water.

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Follow the advice doctors are giving all over the country.

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*6-sided*—Pyrex Nursing Bottles cannot slip from your hand or from baby's. There are no sharp angles on the inside of the bottle, which is rounded off broadly and is very easy to clean.

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*Ounces and half-ounces* are plainly marked.

*The two shapes* that baby specialists approve—narrow neck and wide mouth—both in 8-ounce size.

Get enough Pyrex Nursing Bottles for a full day's feeding from your druggist. They are made by the makers of Pyrex ovenware. Corning Glass Works, Corning, N. Y.

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Learn Cultured Speech and Correct Pronunciation quickly from phonograph records. Also increase your vocabulary this new easy way. Be a fluent talker—cultivated speech is a social and business asset of the first importance. This new "learn by listening" method highly recommended by leading educators. Records sent on free trial. Write for information and free Self Test. No obligation.

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You may send illustrated folder and name of nearest dealer
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231 miles an hour! Fastest speed ever travelled on earth—the speed of Major H. O. D. Segrave in the "Golden Arrow"; Major Segrave has given us exclusive permission to copy the "Golden Arrow" in toy form! The 21-inch Kingsbury "Golden Arrow" is lifelike in every detail. Same bright golden color. Same sloping tonneau and rudder-like back. Disc wheels—big rubber tires—real Dunlops. Powerful, clock-spring racing motor. Be the first in your neighborhood to own this thriller. If your dealer cannot supply you, send us $3 (west of Miss. $3.30) and we will ship one direct.

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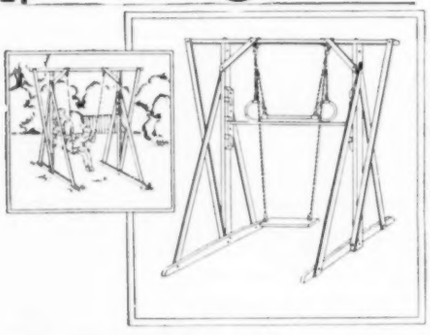

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And, your children get all the active, health building, body developing play they need.

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EVERWEAR MANUFACTURING CO.
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Established 1908

**EverWear**
Playground Apparatus for the Home

# Toys for Travelers and Stay-at-Homes

(*Continued from page* 19)

summer at home. If this is the case, you have other needs to meet in providing for happy and profitable play for vacation days. To the parent who is interested in children's play and can see the educative value in wholesome activities, summer offers rare opportunities.

Health is, of course, of first importance, and provision for plenty of wholesome, outdoor play is recognized by everyone. Many parents think, however, that when they have provided a tricycle or some type of bicycle for children to ride or a slide for them their duty is ended. But activities should be more varied than this, providing both for bodily growth and for mental stimulation.

THERE are all kinds of equipment on the market to make it possible for any home with a small-sized backyard or a fairly good-sized porch to furnish what is essential for wholesome, outdoor play. Play suits and sun suits simplify the problem of children's clothes. All kinds of play apparatus may be had to suit the child of any age. There are sand-boxes with shades which bring the sand-beach to the backyard or porch, and one can even have a small backyard lake for wading, bathing, and boat-sailing, for there are excellent portable pools which can be filled from the garden hose and easily emptied.

Out-of-door needs are beautifully met by the toy market. There is a great variety of large iron trucks, steam shovels and automobiles which stand hard wear and weather. Large, stout wooden and steel trains may be had. Can there be any better exercise for the child than stooping, lifting, shoving, and pulling his large toys about as he makes villages and runs his transportation lines?

But a rainy day comes. The joyous play of yesterday is interrupted. Disappointed children cut off from their usual freedom are not likely to be agreeable companions. What provisions can we make for such times? Just as the mother plans the summer wardrobe for each member of her family and shops in May and June to be ready for emergencies, so should she provide special fun for these rainy days which are sure to come and can be turned into joyous occasions. Rainy days and the hot periods when one wishes to be quiet and cool are the best times for sewing, cut-outs, painting, drawing and modeling. Then too, games which were enjoyed in the winter can be gotten out again and old book friends renewed.

At such times children may be encouraged to plan and make as many of their Christmas gifts as possible. School days are busy ones, and those preceding Christmas are so full that often it is unwise to allow children to take on the extra work of making Christmas presents at that time. The rainy or hot summer days which are often wasted, are excellent opportunities for making the gifts.

A certain group of children took delight in making scrapbooks for a children's hospital. One was in the form of an alphabet book. Its twenty-six pages were each devoted to a letter of the alphabet which was cut out and pasted on the page. Then the children cut pictures of objects from old magazines and pasted them in the book in alphabetical order. On the first page appeared an automobile, an apple and an aeroplane; on the second, books, boats and bicycles, and so on.

There are other occasions which the mother should be ready to meet. There is real educational value in playing store, giving a "show," or having a circus. A neighbor's child sets up a lemonade stand and inspires your Johnny with a like desire, or Jenny, helping mother in the kitchen, wants to learn to cook. The home should be prepared, not only to let the children carry on these "projects," as the progressive school calls them, but to help them get the most possible good from their fun. First-hand knowledge of science, business management, accuracy and artistry are valuable by-products of such entertainment. Children often have the chance to start such plays, but they lose their real value because parents do not understand how to encourage activities so that children get the most good from them. Little folks are apt to play at these games for a time and then, unless encouraged by some older person's help, turn to something else, leaving their first project incomplete. The progressive school uses store plays as a background for learning all sorts of things; handling of money, buying and selling at a profit, the use of weights, measures and the like. It is wise for parents, through talks with teachers and from reading, to find out what educational value can be had from various plays.

THE numerous family excursions and picnics may be used by the parent to help the child to an understanding of industry, geography, transportation and the like, which will make his school work more real and interesting to him. Number work, weighing, measuring, making change, bits of chemistry, laws of animal and plant life are all better understood and enjoyed in the schoolroom because of intelligent home play at store-keeping, cooking, gardening, field excursions, and so forth. Teachers object to home help with school lessons, but such help as parents can give through the enrichment of real experience, is much to be desired. The home is the real school of the child, because he spends more time in it, and experiences he undergoes there are lasting in their effect because they are closely bound up with his emotional life. The summer months are a golden opportunity for parents who appreciate the importance of their children's play needs and know how to satisfy them.

# Things *for* Children to Do *and* to Make

*Edited by the Playground and Recreation Association of America*

A DOG-GONE NICE PARTY—This party, appropriate for the "dog days" or any other time, answers the difficult question of how to entertain a crowd of boys in their early teens. Girls at the tomboy age will like it, too. The inspiration came to a mother who wanted to give her fifteen-year-old son an August birthday party. "Let's make it a regular fellow's party, can't we?" Tom asked. "And don't go putting on a lot of dog, will you, Mother?" Mother decided that she would "put on the dog" so thick that the boys would approve heartily.

The invitations had a funny little dog sketched in one corner and bore the following verse—

This "doggerel" invites you to a "dog-gone" jolly party,
Where you will surely find a welcome warm and hearty.
When your "dog watch" tells you that it's quarter unto eight
Come running at a "dog trot" so you will not be late.

When the boys had all arrived, they were taken into the living room where they found the Dog Stars in ascendance. Twenty-five or thirty stars had been cut from gilded cardboard, and on each was pasted the picture of a dog cut from an old magazine. They were numbered consecutively and hung around the wall. Each boy was given a score card with a pencil attached and he had to identify the different breeds of dog. A book on the care of dogs was given to the one with the longest list, and a puppy biscuit tied with blue ribbon, medal fashion, was the "booby" prize.

Next came a more strenuous game called "Dogging Footsteps." The crowd was divided into five teams, each one with a leader. Directions were given to the leaders that took them all over town, up hill and down dale and around Robin Hood's barn. Each set of directions covered a different route, but the routes were as near the same length as possible. All the teams started at the same time, and the idea was to see which team, "dogging the footsteps" of its leader, could get back first. On a warm day it is advisable to bar running, and limit the leaders to a fast hike.

Reassembled, and somewhat "dog tired," the boys were ready for another quiet game. This time it was to translate some "dog Latin." Each boy was given a list of dogs' names, with the letters changed around, and asked to transpose as many of them as they could in a given time. Some of the list follows—

(1) Fitsfam (Mastiff)
(2) Deolop (Poodle)
(3) Tinerop (Pointer)
(4) Gup (Pug)
(5) Reetrir (Terrier)
(6) Napslie (Spaniel)
(7) Gleeba (Beagle)
(8) Leaidrea (Airedale)

The first prize was a book of famous dog stories and the booby a funny little stuffed dog on a long leash.

Supper proved a decided hit. The centerpiece was a birthday cake, not at all the regulation affair. It was an oblong white cake about two inches high, iced roughly with boiled frosting, then sprinkled with cocoanut. At one end was a little Eskimo sledge made of cardboard. A doll in furs stood beside it, and harnessed to it in pairs was a long line of "huskies," little toy dogs, one for each boy. The dogs were "mushing" along over the snowy expanse of cake.

At each place was a "kennel salad," a mound of potato salad with a kennel of four crackers, three for the sides and one for the roof, built around it and held in place with mayonnaise. Standing at the door of each kennel was a comical little dog made with a large olive for the body and a stuffed olive for the head. These were stuck together with short lengths of toothpicks, had toothpick legs and half of a tiny green gherkin for a tail. Ginger ale and hot-dog sandwiches made of rolls and small frankfurters accompanied the salad. Later there was ice cream and the cake was cut.

"Gee, Mum, it was great!" was Tom's comment.—*K. W., Glenside, Pa.*

*We will pay one dollar for each contribution published in this department. Address the Managing Editor,* THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y.*

*Put on a lot of dog and give a party*


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EVERY product you see advertised in THE PARENTS' MAGAZINE has been scrutinized by experts and in their opinion conforms with these standards—

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In applying these advertising standards, we have the advice of our editors and associate editors, and other leading experts in the field of health, education, child welfare, nutrition, clothing, play equipment, the arts, etc.

Instead of having a relatively small analyzing and testing laboratory of our own, we use, whenever necessary, the facilities of Teachers College, Columbia University, and what we believe to be the most reliable commercial laboratory in this city.

In using therapeutic products, readers are advised to consult their own physician.

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In addition, THE PARENTS' MAGAZINE awards a Seal of Approval to products which have been both passed upon by qualified experts and endorsed by a preponderantly favorable vote of readers who have used them. Those which have already received the Seal use this special symbol in their advertising in this magazine in lieu of the Seal itself.

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# *This Schoolboy earned $25 in a few weeks*

**"Mothers cannot resist taking a subscription after I have given them a chance to look over a copy. The magazine is a self-seller."**

*Adrian Weiss*

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**This junior member of our circle of representatives has had splendid success. On his first order he realized $5.50 profits, devoting just a few spare moments in between school and study hours.**

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# Does Behavior Depend on Health?

(*Continued from page* 15)

Behavior difficulties often occur in periodic cycles, like the post-holiday tantrums of Billy; or they may become habitual moods, like the sulkiness of Fanny, who was a nuisance in school because she was just deaf enough to be vague about what was going on. These are all relatively simple cases where the physical causes are almost as obvious as are the common irritability and weepiness which precede and are symptoms of common infections. The more obscure the physical irregularity, the more difficult it is to trace its effects upon the total personality.

IN view of these facts parents find that they must constantly guard at both extremes against overstepping a wise course. A child is sometimes punished for conduct that is not so much naughty as a symptom of illness. The child, for instance, who refuses to eat may be doing so for any one of a number of complicated reasons, but the first to check up on is his health.

On the other hand, we sometimes let a child use ill health as an alibi. It demands the utmost in parental sagacity to balance what is wisest for the whole child against what is wisest for his momentary indisposition. Every child loves to have his "sore thumb" made much of, and in Peter's case, where a member as important as his head was involved, the attention became very precious. A fall from his bicycle had resulted in a slight concussion. Both during and after his brief stay in the hospital he was the center of a frightened and solicitous family, who were so glad Peter had not been killed that they forgot his normal need of a firm hand. His mother did not know how to achieve the quiet ordered by the doctor except by subduing the other children and humoring Peter, who naturally made the most of the new situation. Even after he had been sent back to school by the physician he continued to have "headaches" at convenient moments whenever he wanted to-do or not-to-do.

SOME physical conditions which make for social disharmony are not in themselves serious as ailments. Overabundant energy may at times lead to mischief, but here the problem crosses the line and becomes wholly one for sound psychological understanding and wise direction. On the other hand, the child with a serious handicap may surmount it triumphantly. The pallid and pious little invalid of the old Sunday-school story-book is outmoded. One of the "nineteen ways of being a bad parent" suggested by Miriam Van Waters, in her book, "Parents on Probation," is that "fatalistic attitude toward a child's weakness, illness, or defect which cannot see behind a present handicap the background of latent strength." She contrasts a mother, affectionate, but too fatalistic to co-operate in her son's long convalescence from heart trouble, and a father who made the two resolves about a crippled son, never to pity him and never to do anything for him that he could learn to do for himself.

Although a healthy body does not in itself assure that its possessor will thereby be saved every difficulty, physical health is the greatest single asset for successful social adjustment. In the last analysis we have only our muscles and nerves on which to depend for the execution of our will-to-do, good or ill. Just wishing to be an honor Boy Scout will not make one, unless the boy has the kind of sound muscular equipment that is capable of carrying out his wishes and executing his good intentions. In other words, our habits are in large part muscle habits, and these habits are the stuff of which our characters are made. Muscles and morals must both function harmoniously as parts of the same personality.

In attempting to picture this ideal it has been said that:

*First,* health largely determines the factors of interest and endurance;

*Second,* interest and endurance largely determine efficiency;

*Third,* efficiency during youth in studies and games, and in maturity in the more serious tasks of life, largely determines happiness;

*Fourth,* happiness largely determines disposition and attitude.

OF course, no problem of happiness or efficiency or even health can actually be put upon so simple a basis. Many forces, psychological as well as physical, act and react within each of us. In this connection it is interesting to note that so modern a psychologist as Alfred Adler, founder of the behavior clinics in the public schools of Vienna, has said that "our civilization is a culture that is based upon the health and adequacy of fully developed organs."

The connection between health and behavior is beyond questioning if we understand what health itself really is. Is it fair to imply that if a child—or an adult—is not sick, he must be well? True health is more dynamic and more positive. It has been defined as an abundance, a soundness, a worthiness of life, the abundance having to do with the biologic foundation, soundness with the mental abilities and characteristics, and worthiness with the social and moral aspects and relationships of life.

This concept of health emphasizes the need of seeing the child *whole,* with all his functions, both mental and physical, actually one and indivisible. Thoughts and acts, ideals and character, all have certain of their roots deep within the human body.

# GROUP SERVICE BUREAU

**For Parent-Teacher Associations, Mothers' Clubs, Child Study Groups, Churches, etc.**

# Program for Discussion
## at Your Next Meeting

PREPARED BY THE CHILD STUDY ASSOCIATION OF AMERICA

THE following outline for study is based on the article, "Does Behavior Depend on Health?" by Zilpha Carruthers Franklin, in this issue.

### *How to Use This Program*

Appoint a leader who will first read aloud the article on page 15. The leader should then present for discussion the various questions given below. She will next request various members of the group to take up, one by one, the Problems for Discussion. At the close of the meeting it will be found helpful for the leader to read the summary of the main points made in the article. In advance of the meeting, the various book and pamphlet references should be assigned to members of the group who will report on them at the meeting.

### *Questions Based on the Article*

(1) Is it justifiable to say that there is a physical basis underlying every case of misbehavior?

(2) Can we always trace misbehavior to a physical source?

(3) If not, is it worth while to look for a physical cause? Why?

(4) What evidence is there that "bad" children have more ailments than "good" ones?

(5) Is it not the tired and overwrought mother who has most difficulty with her children? Are grown-ups less reasonable and co-operative when they are sick? Do not children react in the same way?

(6) How can real and prolonged illness react disadvantageously on a child's disposition and character?

(7) Is it possible to keep from spoiling the sick or convalescent child? Is it worth while to try to do so? Why?

### *Points to Keep in Mind*

(1) One clue to a child's behavior must always be sought in his physical state. Irritable children are frequently ill.

(2) A robust, sturdy physique is an excellent foundation upon which to build good habits.

(3) Many delinquent children suffer from physical handicaps.

(4) Poor health frequently means poor control.

(5) Misbehavior in little children is frequently the symptom of physical sickness.

(6) Physical disability, unless wisely handled by the parent, may cause many behavior difficulties.

(7) A wise parent can develop independence and self-reliance even in a handicapped child.

(8) Health is a positive, active force, not merely the absence of sickness, and must involve the whole child.

### *Problems for Discussion*

(1) John was ten years old and a source of constant trouble in the classroom. Because he was large for his age he was seated in the back row where he caused a great deal of disturbance through his inattention and his consequent bad effect on his neighbors. When he was fitted with glasses, which corrected his defective vision, he became interested and attentive and caused no further difficulty.

(2) Cite other instances where improvement in classroom behavior results directly from correction of remediable defects.

(3) Jane's mother has a motto which she follows with her children—"When a child displays temper, take his temperature." Is she unnecessarily nervous or is this a wise procedure?

(4) Billy had infantile paralysis at the age of four. He had to learn to walk all over again. His mother's friends thought her very cruel because she refused to do anything for him which he could possibly do for himself. Do you think she was courageous and wise or hard-hearted and unkind? Why?

(*Turn to next page*)

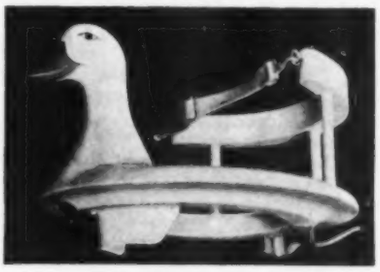
### *Our New Program on Child Training* for 1929-30

**¶ To groups who have been using these Programs for discussion, and to others who are interested in this constructive course of study, we shall gladly send copies of our new Program on Child Training, which forecasts the subjects for discussion for next season, September, 1929, to June, 1930.**

**¶ The Programs on Child Training are attractively printed, and provide space on the back page where the names of local officers and the time and place of the meetings may be imprinted.**

**¶ Copies of the program will be sent in any quantity free of all charge.**


# DOO-TEE
## INFANT TRAINER



***Lightens Work—Improves Results***
***Recommended by Leading Specialists***

BATHROOM CLEANLINESS. Doo-Tee keeps the toilet seat and bathroom floor clean by directing all of the water into the bowl.

KEEPS BABIES FROM HANDLING THEMSELVES. They sit close up to the duck's back and the duck's head occupies the attention of the child's hands—a point baby specialists especially approve.

PREVENTS FEAR. The head of the duck and the high back with the strap across the front holds children securely and prevents fear of falling.

BODY CLEANLINESS. Doo-Tee automatically separates children's legs uniformly apart, insuring body cleanliness.

If your department store or plumber cannot supply the Doo-Tee Infant Trainer, mail the coupon to the factory with **$4.95**

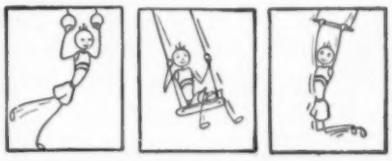
**DOO-TEE CORPORATION**
**615 23rd Avenue Oakland, Calif.**

DOO-TEE CORP., 615 23rd Ave., Oakland, Cal.
Enclosed find $4.95 for which send one pink blue white Doo-Tee Infant Trainer.

Name .....
Address .....90

# Watch
## The Busy-Kiddie
TRADE MARK
## in September

We are now signing off for the summer, but are doing business at the same old stand.
Glad to hear from you.



**Standard Pressed Steel Co.**
**Makers of "Busy Kiddie"**
**Box 503 Jenkintown, Penna.**

STEWART'S
DUPLEX
SAFETY PINS
The only safety pin with the guard inside the coil to keep fabrics from catching. Duplex Safety pins will not rust. Buy them on the blue and gold card.
Send for free sample card and booklet.
Consolidated Safety Pin Co.
Dept. F 9 Bloomfield, N. J.

# An Index of Advertisers

***And a Convenient Coupon to Request Helpful Booklets, Free Samples and Additional Information***


| | PAGE |
|---|---|
| Acco Corporation | 52 |
| Aedith Specialty Co. | 49 |
| Asso. Guidance Bureau | 44 |
| Ault-Williamson Shoe Co. | 48 |
| Avon Sole Co. | 52 |
| Beech-Nut Packing Co. | 40 |
| Belmont Hotel Co. | 47 |
| Borden Co. | 33 |
| Calvert School | 5 |
| J. & J. Cash, Inc. | 52 |
| Chesebrough Mfg. Co. | 38 |
| Harold H. Clapp, Inc. | 49 |
| Columbia University | 11 |
| F. E. Compton & Co. | 45 |
| Consolidated Safety Pin Co. | 57 |
| Corning Glass Works | 53 |
| Cuticura Soap | 44 |
| R. B. Davis Co. | 4th cover |
| Directory of Schools and Camps | 6, 7, 8, 9, & 10 |
| Doo-Tee Corp. | 57 |
| Everwear Mfg. Co. | 54 |
| Giant Mfg. Co. | 48 |
| Gordon Motor Crib Co. | 53 |
| Individual Drinking Cup Co. | 34 |
| Infant Wear Co. | 48 |
| Johnson & Johnson | 41 |
| Junior Literary Guild | 13 |
| Juvenile Wood Products, Inc. | 44 |
| Kellogg Co. | 31 |
| Kingsbury Mfg. Co. | 54 |
| Lehn & Fink, Inc. | 50 |
| Luxor, Ltd. | 42 |
| Gertrude Martin Play Package | 48 |
| Mennen Co. | 37 |
| Metropolitan Life Insurance Co. | 3rd cover |
| Mother's Journal | 48 |
| Norwich Pharmacal Co. | 46 |
| Pronunciphone Institute | 53 |
| Q-Tips, Inc. | 44 |
| Scott Stamp & Coin Co. | 52 |
| Simmons Co. | 51 |
| Standard Pressed Steel Co. | 57 |
| Standard Textile Products, Inc | 2nd cover |
| Sterling Name Tape Co. | 49 |
| Sterno Corp. | 51 |
| Stone Straw Corp. | 36 |
| Sugar Institute | 35 |
| Thompson's Malted Milk Co. | 43 |
| Tyler Mfg. Co. | 52 |
| Wheatena Corp. | 3 |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# A Service to Readers

Many of our advertisers offer helpful booklets and free samples. All of them will gladly send you additional information. Go through the magazine page by page and write down in the space below the names of those advertisers in whose products you are interested. We will forward your name to these advertisers and they will send you whatever booklets or free samples are mentioned in their advertisements. ***If there is a charge for the material offered, please address the advertiser direct.***

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**Advertising Department**
**THE PARENTS' MAGAZINE**
**255 Fourth Avenue, New York, N. Y.**

*Please have sent to me, without obligation, the booklets, samples, or additional information offered free in your August issue by the following advertisers:*

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Name.....

Street.....

City..... State.....

*When you send in this coupon, will you also send the ballot on page 55 of this issue?*

## Group Service Bureau

(*Continued from page 57*)

(5) Ten-year-old Jimmy had been seriously ill but was now fully recovered and back at school. However, every time he was called upon to do anything which required effort or which he could not easily do, he felt a return of his old difficulty and really seemed to be sick. This was quite unconscious on his part but it saved him from all effort. Was this due to unwise handling on the part of his parents? How should it be treated?

(6) Jane was always frail and was consequently not eager to play games with the other children. Her mother encouraged her bookish tendencies and was very glad to have such a quiet, ladylike daughter. But was the child learning to accept defeat? Should she have been encouraged to greater physical activity?

### *References*


THE NERVOUS CHILD, by Hector C. Cameron. *Oxford University Press, New York City.* $1.75.

THE TIRED CHILD, by Max and Grete Seham. *Lippincott.* $2.00.

THE HEALTH OF THE RUNABOUT CHILD, by William Palmer Lucas. *Macmillan.* $1.75.

THE HEALTHY CHILD FROM TWO TO SEVEN, by Francis H. MacCarthy. *Macmillan.* $1.75.

THE GROWING CHILD, by Herman N. Bundesen (pamphlet). *Chicago School of Sanitary Instruction.*

PARENT EDUCATION (Northwest Conference on Child Health and Parent Education), edited by Richard Olding Beard. *University of Minnesota Press, Minneapolis.* $2.00.

HEALTH TRAINING OF THE PRESCHOOL CHILD. *Child Study Association of America, New York City.* $1.10.


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### *From* GENERATION *to* GENERATION

My stellar rôle has simply changed
From receiver to transmittor!
Once Mother used to say to *me*
Whene'er the fancy hit her:

*Don't you remember that I said—*
*No, not today, my dear—*
*Those hands won't do. Go wash again,*
*And scrub behind each ear.*
*You left your doll out on the lawn—*
*Your laces are untied—*
*Why leave your nightie on the floor?*
*Haven't you any pride?*

Now 'tis *my* voice that utters forth
These very self-same phrases.
I marvel how identical
Are certain blames and praises;
But most I marvel that her tones
Kept calm, controlled, not bitter—
Now that I've changed my stellar rôle
From receiver to transmittor.

—*Stella Fisher Burgess.*

# Common Sense

A FAMOUS doctor said, "Many of the people who want me to diagnose and treat their ailments are more impressed by some scientific medical apparatus than by plain, common sense advice. And they are more willing to follow orders faithfully if given some special office treatment.

"Recently a man I know well came in looking haggard. I gave him a thorough physical examination while inquiring about his living habits. The diagnosis was clear but the patient a problem. If I had told him the simple truth that what he needed most to get back his health and strength was to slow down, sleep more, and get the proper amount of fresh air and exercise, he would have thought I did not understand the complications which were undermining his health. Had I sent him a bill for such advice, he would have told his friends that I was a robber and not fit to practice medicine.

"So I gave him a treatment with a scientific apparatus and wrote a simple prescription. At the same time I gave strict orders as to what he should eat and drink, how many hours he might work, how long he should remain in bed, and the amount of time he should devote to outdoor exercise. To make sure that he was following my orders concerning his living habits, I had him report once a week for further observation and treatments. In a few weeks he was well. He will tell you—and he believes it—that I am a great doctor.

"Perhaps someone may say my methods with him were open to criticism. But it was my responsibility to use every means within my power to bring him back to good health. Knowing my patients as I do, I know that many of them will not obey my orders for *correct living habits* if given without special treatment or medicine. More than half of the people who consult me would not have to do so if they would learn and practice important rules of health. They expect me to cure them of physical ailments which they could easily have avoided."

A majority of cases of physical let-down and distress are caused by careless or wilful violation of health rules. Bad eating habits, too little sleep and rest, lack of fresh air and exercise, worry, self-pity are responsible for many cases of bad digestion, headaches, poor circulation, constipation, jumpy nerves, depression and run-down condition.

The Metropolitan Life Insurance Company has had a booklet prepared by eminent health experts which tells simply and clearly the fundamental rules of intelligent living habits. A chapter or more is devoted to each one of eleven important rules of health under the headings Sleep and Rest, Fresh Air, Sunlight, Exercise, Cleanliness, Water, Food, Comfortable Clothing, Work and Play, Good Posture and Good Mental Habits.

Metropolitan Life Insurance Company
1 Madison Avenue
New York, N. Y.
Booklet Department 89-Y

Gentlemen:

Please mail free, without any obligation on my part, a copy of your booklet, "Health, Happiness and Long Life".

*Name* .....

*Street or Box No.* .....

*Town* ..... *State* .....

**METROPOLITAN LIFE INSURANCE COMPANY—NEW YORK**

***Biggest in the World, More Assets, More Policyholders, More Insurance in force, More new Insurance each year***

# A good coat of tan, is a promise of strong bones —sound teeth

If children could live in the sunshine *all the year round,* they'd all be as healthy and vigorous as you please. Even a month at the beach, as every mother knows, does wonders for a youngster.

Science has only recently discovered one reason *why* sunlight is so beneficial. It is because the direct rays of the sun have been found to be a source of the famous Vitamin D. . . . In some form or other, children *must* have this important vitamin—for without it, the milk minerals (lime and phosphorus) in their diet which go to make strong bones and sound teeth are not utilized by the body.

### Vitamin D is contained in Cocomalt

Sunlight, however, is not the sole source. Extensive research has proved conclusively that Cocomalt makes a definite contribution to the anti-rachitic potency of the diet—and contains Vitamin D in sufficient quantities to aid in building sturdy bones and sound teeth when taken under normal everyday conditions.

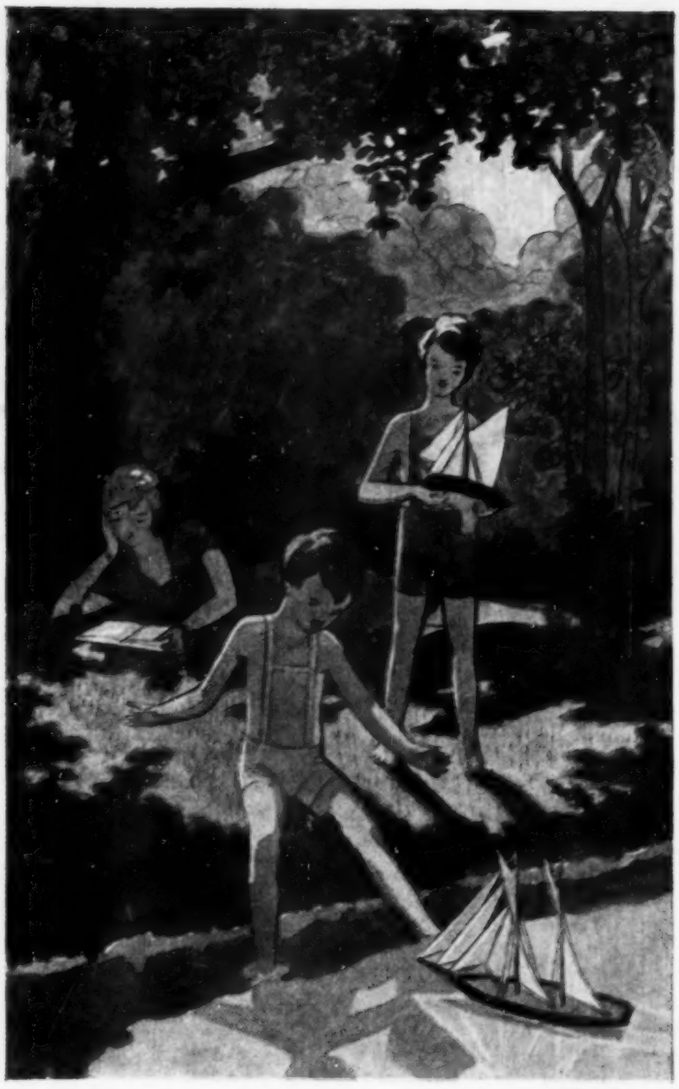
Cocomalt, as you know, is a delicious *balanced* food drink that children really love. And it brings them not only the actual sunlight vitamin but mineral salts (lime and phosphorus) as well.

Indeed, Cocomalt increases the milk minerals (lime and phosphorus) by over 50%—and adds 70% more *nourishment* to milk. Cocomalt combines, in correct proportions, nourishing elements ideally suited to children.

### Children drink it because they like it

And all this, in a delicious drink—with a delightful chocolate flavor—that children love and will take without coaxing. Indeed, mothers find that Cocomalt is one sure way of making children take the daily required glasses of milk they need so much.

It's good cold. It's good hot. It's good for breakfast, dinner and supper—and between meals, too. It's good for your children all the year round. Without question



©R. B. D. CO. '28

Cocomalt should be a part of every child's diet. Give it to them regularly and see what dividends it will pay in health and strength and vigor. You may get Cocomalt from your grocer in half-pound, pound and five pound cans. The half-pound size is 25 cents, (30 cents west of the Mississippi.) If your grocer cannot supply you, take advantage of the sample offer.

R. B. DAVIS CO., Hoboken, N. J., *Makers of Davis Baking Powder*

*A generous sample and booklet*

Send 10 cents (to cover the cost of mailing) and we will forward you a generous sample can of Cocomalt—together with a fascinating booklet entitled "Children of the Sun." This booklet was prepared for the R. B. Davis Company by specialists in the field of medicine and nutrition, based on their own comprehensive research work on Cocomalt and Vitamin D, the sunlight vitamin.

R. B. Davis Co., Hoboken, N.J.
Enclosed find 10 cents. Send me booklet D-7 and sample of Cocomalt mentioned above.

*Name*_____

*Street*_____

*County*_____

*City*_____

*State*_____

# Cocomalt

Adds 70% more nourishment to milk